

Going Postal

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Improver
编舞者: Carmel Hutchinson (USA)
音乐: Mail Myself To Mexico - Michael Mason



8 FORWARD, BACK, BACK, CROSS - BACK, CROSS, ROCK BACK, ROCK FORWARD

1-2-3-4 Step right forward, rock back on left, step right back, cross step left over right
5-6-7-8 Step right back, cross step left over right, rock back on right, rock forward on left

VINE RIGHT, CROSS - CROSS, VINE LEFT, ¼ LEFT

1-2-3-4 Side step right, cross left behind right, side step right, cross left over right
5-6-7-8 Cross step right over left, side step left, cross step right behind left, side left into ¼ turn left

½ LEFT, KICK, BACK, CROSS/TOUCH - ¼ LEFT, KICK, BACK, CROSS/TOUCH

1-2-3-4 Step right forward into ½ turn left, kick left, step left back, cross & touch right over left
5-6-7-8 Step right forward into ¼ turn left, kick left, step left back, cross & touch right over left

FORWARD, LOCK, FORWARD RIGHT, FORWARD LEFT - ½ RIGHT, FORWARD, LOCK, FORWARD

1-2-3-4 Step right forward, step left forward to outside of right, step right forward, step left forward
5-6-7-8 Pivot ½ right (weight right), step left forward, step right forward to outside of left, step left forward

REPEAT

RESTART

After the 4th repetition, you will be facing the front wall. Do the first 16 counts, which will put you on the 9:00:00 wall, and restart the dance.
