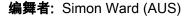
Goin' Down

拍数: 32

级数: Intermediate



音乐: Down By The Lazy River - The Osmond Brothers

墙数: 2



- 1-2&3Step right forward, shuffle very slightly forward bending knees slightly left, right, left4-5&6Step right forward, shuffle very slightly forward bending knees slightly left, right, left7-8Step right forward, pivot ½ turn left taking weight onto left foot
- 1-2 Step right forward, pivot ¼ turn taking weight onto left
- 3-4 Cross/step right over left, step left to left side turning ½ turn right
- 5-6 Complete ¹/₂ turn right by stepping right to right side and place right arm at 45 degrees left, place right arm at 45 degrees right
- 7-8 Point right arm to right, do like a "come here" motion right hand and raise right leg Arm movements are meant to go in time to music, basically bringing right arm from left to right

1-2 Cross/step right over left, step left to left side

- 3&4 Touch right toe slightly to right, step ball of right down beside left, cross/step left over right
- 5-6 Step right to right side turning ¹/₄ turn left, step left back turning ¹/₄ turn left
- 7-8 Cross/rock right over left, replace weight onto left
- 1-2 Step right to right, turn a full turn right on ball of right foot
- 3-4 Touch left to left side, hold
- &5-6 Step left beside right, touch right to right side, raise right knee across left
- 7-8 Touch right to right side, pivot ¼ turn right slightly bending right knee leaving right foot in place begin again

REPEAT

TAG

At the end of wall 3 you will add 4 counts:

- 1-2 Step right forward, step left slightly to left (feet apart)
- 3 Put your hands behind your head
- 4 Do a pelvic push

RESTART

At the end of the 5th wall you will restart after count 12 (though you will not do the $\frac{1}{2}$ turn right, replace with $\frac{1}{4}$ turn right)