

Going Down

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Jan Wyllie (AUS)
音乐: All You Ever Do Is Bring Me Down - The Mavericks



-
- 1-2-3-4 Rock/step forward on left, rock back on right, step back on left, hold
5&6 Shuffle back right, left, right
7&8 Shuffle back left, right, left
- 9-10-11&12 Rock/step back on right, rock forward on left, shuffle forward right, left, right
13-14 Touch left heel forward, touch left beside right
15-16 Touch left to left side, hitch left across right (slap knee with right hand-optional)
- 17-18 Step left across in front of right, step right to right
19-20 Step left across in front of right, step right to right
21-22-23-24 Cross/rock left over right, rock weight to left, step left to left, hold
- 25&26 Step right across in front of left, hold
27&28 Making a $\frac{1}{4}$ turn right shuffle backwards left, right, left
29&30 Making a $\frac{1}{2}$ turn right shuffle forward right, left, right
31-32 Step forward on left, step right beside left
- 33-34-35-36 Step left to left, step right beside left, step back on left, hold
37-38-39-40 Rock/step right to right, rock weight to left, step right behind left, hold
- 41-42-43-44 Rock/step left to left, rock weight to right, step left behind right, step right to right
45-46-47-48 Step left across in front of right, step right to right, step left behind right, step right to right
- 49-50-51-52 Rock/step forward on left, rock back on right, step back on left, hold
53-54 Making a $\frac{1}{2}$ turn right back over right shoulder step forward on right, hold
55&56 Making a further $\frac{1}{2}$ turn right shuffle left, right, left
- 57-58-59&60 Rock/step back on right, rock forward on left, shuffle forward right, left, right
61-62-63-64 Step forward on left, hold, step forward on right, hold

REPEAT
