Go With Me

拍数: 32

级数: Beginner

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音乐: Come Go with Me - Dell Vikings

HEEL-TOE TWISTS TO THE RIGHT, KICK STEP, KICK STEP

- 1-2-3-4 Twist both heels right, twist both toes right, repeat
- 5-6-7-8 Kick left foot diagonally in front of right leg, step left foot next to right foot, kick right foot diagonally in front of left leg, step right foot next to left foot

HEEL-TOE TWISTS TO THE LEFT, KICK STEP, KICK STEP

- Twist both heels left, twist both toes left, repeat 1-2-3-4
- 5-6-7-8 Kick right foot diagonally in front of left leg, step right foot next to left foot, kick left foot diagonally in front of right leg, step left foot next to right foot

HOP-KICKS BACK, MONTEREY TURN

- Hop back on left foot while kicking right foot to right side, step right foot in place 1-2
- 3-4 Hop back on right foot while kicking left foot to left side, step left foot in place
- 5-6-7-8 Step right toe to right side, step right next to left as you turn 1/2 right on ball of left foot, touch left toe to left side, return left foot next to right foot

1/4 TURN LEFT, CROSSING TOE-HEEL STRUTS, RIGHT KICK-BALL-CHANGE

- 1-2 Step right foot forward turning 1/4 turn left pivoting on balls of feet
- 3-4 Cross right foot toes over left foot, drop right heel down
- 5-6 Cross left foot toes over right foot, drop left heel down
- 7&8 Kick right foot forward, step on ball of right foot next to left foot, change weight to right foot

REPEAT





墙数: 4