

# Hands Up And Swing

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lyn Abbott (UK)  
音乐: Swing Me Baby - Johnny Earle



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## STOMP, HANDS UP, POINT LEFT, ¼ TURN LEFT, STEP & TOUCH LEFT, STEP & TOUCH RIGHT

- 1-4      Stomp left foot next to right, raising both hands, hold, look left and point left hand (as though pointing a gun)
- 5-8      Making ¼ turn left, step left foot diagonally forward to left (swinging both arms left), touch right foot next to left. Step right foot diagonally forward to right (swinging both arms right). Step left foot next to right

## SLAP RIGHT THIGH, CLAP HANDS, HEEL DIG, HITCH KNEE AND SLAP

- 1-4      Slap side of right thigh twice with both hands (bending both knees slightly), clap hands twice (straightening both knees)
- 5-8      Dig right heel forward, hitch right knee and slap with left hand, dig right heel forward, hitch right knee with ¼ turn left and slap right boot with right hand

## RIGHT GRAPEVINE, HITCH KNEE WITH ¾ TURN RIGHT, LOCKSTEP & SCUFF

- 1-4      Step right to right side, step left behind right, step right to right side, hitch left knee and make ¾ turn right on ball of right foot
- 5-8      Step forward left, step right behind left (lockstep), step forward left, scuff right forward

## BOX STEP, ¼ TURN RIGHT, TOUCH & TURN, TOUCH & CLAP

- 1-4      Cross right in front of left, step left back making ¼ turn right, step right to right side, step left next to right
- 5-8      Touch right to right side, on ball of left pivot ¼ turn right stepping right beside left, touch left toes to left side, hold and clap

**REPEAT**

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