

# Hands Off

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Adrian Churm (UK)  
音乐: Keep Your Hands To Yourself - Ethan Allen



Consultant: Ed Lawton

## TWO WALKS FORWARD, SYNCOPATED LOCKS, COASTER STEP FULL TURN LEFT POINTING RIGHT FOOT IN AND OUT

- 1-2                      Step right foot forward, step left foot forward
- 3&4                     Step right foot forward, cross ball of left foot behind right, step right foot forward.
- 5-6                     Step left foot forward replace weight back onto the right foot
- 7&8                     Step left foot back, right foot closes towards left, step left foot forward
- 9&10&11&12        Making a full turn to the left point right foot to the right side out, in, out, in, out, in, out to propel you around

## WEAVE LEFT AND RIGHT WITH HEEL JACKS, HEEL JACKS MOVING BACKWARDS, CROSS TURN, SYNCOPATED HIP BUMPS RIGHT, LEFT, RIGHT WITH FINGER CLICKS

- 13-14                  Step right foot forward and across left, step left foot to the left side
- 15&16                 Step right foot back and behind left, step left foot to the left side, touch right heel diagonally forward to the right
- &17-18                Right foot closes towards left, step left foot forward and across right, step right foot to the right side
- 19&20                 Step left foot back and behind right, step right foot to the right side, touch left heel diagonally forward to the left
- &21&22                Left foot closes towards right, step right foot forward and across left, step left foot to the left side, touch right heel diagonally forward to the right
- &23&24                Right foot closes towards left, step left foot forward and across right, step right foot to the right side, touch left heel diagonally forward to the left
- &25-26                Left foot closes towards right, cross right foot over left, unwind making half a turn to the left (weight ending on the left foot feet almost together)
- 27&28                 Bump hips right, left, right ending with weight on the right foot. (click fingers on the right hand out to the right twice)

## REVERSE SAILOR STEPS MOVING FORWARD, WEAVE TO RIGHT, SAILOR STEP, WEAVE TO THE LEFT, SAILOR STEP

- 29&30                 Step left foot forward and across right, step ball of right foot to the right, left foot steps almost in place
- 31&32                 Repeat 29 & 30 On the opposite foot
- 33-34                 Step left foot forward and across right, right foot steps to the right
- 35&36                 Step left foot back and behind right, step ball of right foot to the right side left foot steps almost in place
- 37-40                 Repeat 33-36 on the opposite foot

## CROSS BEHIND TURN, PIVOT TURN, SIDE AND BEHIND POINT TWICE WITH ARM MOVEMENTS, QUARTER TURN RIGHT

- 41-44                 Cross left foot behind right, unwind half a turn to the left, step right foot forward, pivot turn half a turn left weight ending on left
- 45-46                 Point right foot diagonally forward to the right, point right foot across left
- 47-48                 Point right foot diagonally forward right, bending the left knee point right foot diagonally back behind left and look down to the left foot at the right . (as you are doing 45-48 click your fingers on the right hand in front of your face then swing the arm back down again and click fingers)

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To start dance again make a quarter turn to the right stepping onto the right foot

**REPEAT**

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