

Hand Over Your Heart (L/P)

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 1 级数: Beginner line/partner dance
编舞者: Unknown
音乐: Hand Over Your Heart - Lorrie Morgan



Position: Partners in Sweetheart position

CROSS ROCK RIGHT OVER LEFT, RECOVER, TRIPLE, CROSS ROCK LEFT OVER RIGHT, RECOVER, TRIPLE

1-2 Cross/rock right over left, recover onto left
3&4 Triple in place stepping right, left, right
5-6 Cross/rock left over right, recover weight right
7&8 Triple in place stepping left, right, left

ROCK BACK RIGHT RECOVER, TRIPLE, PIVOT ½ RIGHT, TRIPLE

1-2 Rock right back, recover onto left, cross step right in front of left
3&4 Triple in place stepping right, left, right
5-6 Step left forward, turn ½ right (weight to right, 6:00)

Partners are now in Reverse Sweetheart Position

7&8 Triple in place stepping left, right, left

PIVOT ½ LEFT, TRIPLE, ROCK FORWARD LEFT RECOVER, TRIPLE

1-2 Step right forward, turn ½ left (weight to left, 12:00)

Partners are back to Sweetheart Position

3&4 Triple in place stepping right, left, right
5-6 Rock left forward, recover onto right
7&8 Triple in place stepping left, right, left

SIDE BEHIND, ¼ RIGHT SHUFFLE, PIVOT ½ RIGHT, SHUFFLE FORWARD

1-2 Step right to side, step left behind right
3&4 Triple in place turning ¼ right and step right, left, right (3:00)
5-6 Step left forward, turn ½ right (weight to right, 9:00)

Partners are now in Reverse Sweetheart Position

7&8 Shuffle forward stepping left, right, left

SHUFFLE FORWARD, SHUFFLE FORWARD, PIVOT ¼, PIVOT ½

1&2 Shuffle forward stepping right, left, right
3&4 Shuffle forward stepping left, right, left
5-6 Step right forward, turn ¼ left (weight to left, 6:00)
7-8 Step right forward, turn ½ left (weight to left, 12:00)

Partners are back to Sweetheart Position

REPEAT

This dance is dedicated to Barb and Jack Francisco who taught it in the Southern California South Bay area many years ago. Thanks also to Joann and Lew Griffin who recovered the step description from their files. This step description by Paul Lipinski