

Hamsters Dancing

拍数: 22 墙数: 2 级数: Beginner
编舞者: David J. McDonagh (WLS) & The Phoenix (UK)
音乐: Cognoscenti Vs Intelligentsia (C Vs I) - Cuban Boys



No hamsters were injured during the making of this dance
Start dance 22-counts from first beat

RIGHT KICK-BALL-CHANGE, RIGHT SIDE-BEHIND, 2 HEEL SWITCHES (¼-RIGHT), STEP-SLIDE

1&2 Kick right forward, step right beside left, step left beside right

3-4 Step right to right side, cross-step left behind right

While completing the following counts (5&6&) rotate a ¼ turn right on the spot

5& Touch right heel forward, step right beside left

6& Touch left heel forward, step left beside right

7-8 Take a long step to right side with right, slide left beside right

RIGHT STEP DIAGONALLY BACK, TOUCH LEFT, LEFT STEP OUT, CLAP, (4) COUNT HANDWORK

1-2 Step right diagonally back, touch left beside right

3-4 Step left out to left side, hold & clap

5 Extend/punch right arm out to right side (keep right arm out)

6 Extend/punch left arm out to left side (both arms are now out & parallel to floor)

7 Extend/punch right arm forward and to left diagonal (keep right arm there)

8 Extend/punch left arm forward and to right diagonal under left arm (both arms are now crossed in front of you)

STEP RIGHT (¼-LEFT) 3 TIMES WITH HANDWORK BELOW

1-2 Step right forward, on balls of both feet pivot a ¼ turn left

Hands: do the following handwork in accordance with above counts (1-2)

1 Bring both arms in front of face, crossing right arm in front of left, fists clenched & fingers facing you

2 Slide both arms downwards, arms ending at both sides of body

3-6 Repeat above counts (1-2) (steps and hands together) twice more. (you'll end facing the back wall)

REPEAT

10-COUNT 'EASY' TAG

Do the following tag after repetitions: 6, 11 & 12 (during the only vocals in the entire dance!)

CLAPS, "SEARCH AND DESTROY (THE HAMSTER)"

1-2 Clap hands twice

3 Point right index finger to right diagonal, bending forward slightly

4 Stomp right forward to right diagonal (dropping right arm)

5 Point left index finger to left diagonal, bending forward slightly

6 Stomp left forward to left diagonal (dropping left arm)

7-10 Repeat above counts (3-6)

Hint

Counts 1-2 make up the (8) counts from the following (6) at the end of dance. Counts 3-10 make up (8) counts.