

The Hampster Dance Mixer (P)

COPPER KNOB
BY STEPHENETS

拍数: 40 墙数: 0 级数: Partner
编舞者: Trent Cummings (USA) & Mary Cummings (USA)
音乐: The Hampster Dance Song - Hampton the Hampster



Position: Man facing the outside of the circle. Lady facing the both the man and the inside of the circle. Partners are each three steps apart. Steps are the same for both the man and the lady
22-beat introduction after the hard beat starts - start after the words "here we go!"

1-4 Three steps forward (right-left-right) and touch left next to right while clapping hands with your starting partner

5-8 Vine left (left-right-left) to the first person to your left and touch right next to left while clapping hands

The man vines along LOD and the lady vines OLOD.

9-12 Vine right (right-left-right) to your starting partner and touch left next to right while clapping hands

The man vines OLOD and the lady vines along LOD.

13-16 Three steps backward (left-right-left) and touch right next to left

17-18 Step slightly forward on right and pivot 1/8 turn to the left

19-20 Step slightly forward on right and pivot 1/8 turn to the left

The man is now facing LOD and the lady is now facing OLOD.

21-24 Vine diagonally right (right-left-right) and touch left next to right while clapping left hands with the first dancer in front of you

The man vines to the outside of the circle between his starting partner and the first lady in front of him.

The lady vines to the inside of the circle between her starting partner and the first man in front of her.

25-28 Three steps backward (left-right-left) and touch right next to left while clapping left hands with your starting partner

The man steps back along OLOD and the lady steps back along LOD.

29-32 Three steps backward (right-left-right) and touch left next to right while clapping left hands with the first person behind you

Your "new" starting partner

The man steps back along OLOD and the lady steps back along LOD.

33-38 Step left and slide right next to left, step left and slide right next to left, step left and slide right next to left

Get funky on the step-slides! Sway the hips, and with the hands at shoulder height, move the upper body so that the hands are moving like windshield wipers from side-to-side. When stepping left, swing them in an arc to the left, and when sliding right foot, swing them in an arc to the right.

Dancers pass between each other in a straight line, facing your "new" starting partner.

The man moves to the inside of the circle and the lady to the outside of the circle. Adjust the distance of the step-slides so that after the turn (steps 39-40), partners are each three steps apart.

39-40 Turn ¼ turn right with the left and touch right next to left

Both the man and the lady have a new starting partner, and each are facing each other as at the beginning of the dance.

The man has moved one lady along OLOD and the lady has moved one man along LOD.

REPEAT
