

1/2 A Man

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ed Lawton (UK)
音乐: Half a Man - Anthony Smith



TOE HEEL TOE STOMP TWICE

1-2 Twist right toe to right, twist right heel to right, twist right toe to right, stomp left next to right
3-4 Twist left toe to left, twist left heel to left, twist left toe to left, stomp right next to left

STEP CLAP X 4

1-4 Step forward on right, touch left next to right & clap, step back on left, touch right next to left & clap
5-8 Step back on right, touch left next to right & clap, step forward on left, touch right next to left & clap

WEAVE ROCK, WEAVE ¼ TURN, ½ PIVOT

1-4 Step right to right, stop left behind right, step right to right, step left over right
5-8 Step right to right, step left behind right, stop right to right, rock on to left
9-12 Step right behind left, step left to left side, step right over left, step left to left side
13-16 Step right behind left, step left to left making a ¼ turn left, step forward on right, pivot ½ turn left

ROCK, ROCK, ROCK, BRUSH TWICE, JAZZ BOX ¼ TURN TWICE

1-4 Step forward on right, rock back on left, rock forward on right, brush left forward
5-8 Step forward on left, rock on right, rock forward on left, brush right forward
9-12 Step right over left, step back on left, step right to right making a ¼ turn right, brush left
13-16 Step left over right, step back on right, step left to left making a ¼ turn left, brush right

STEP PIVOT STEP CLAP TWICE, TOE STRUT TWICE, MONTEREY TURN

1-4 Step forward on right, pivot ½ turn left, step forward on right, clap
5-8 Step forward on left, pivot a ½ turn right, step forward on left, clap
9-12 Step forward on right toe, snap heel down, forward on left toe, snap heel down
13-16 Touch right to side, ½ turn right stepping right beside left, touch left to side, step left beside right

REPEAT

TAG

At the end of wall 3 do the last 8 counts of the dance twice.