

Guapacha

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Matthew Oakley (UK)
音乐: Chachacha #7 - Z Fulanito



ROCK, RECOVER. ¼ LEFT, FORWARD STEP, ¾ RIGHT STEP SIDE, HOLD, & CROSS, SIDE CHASSE WITH ¼ LEFT

1-2-3 Rock forward on left foot, recover weight to right, step left foot to side turning ¼ left
4-5 Step right foot forward, turn ¾ left & step left foot to left side
6&7 Hold position with weight on left, step ball of right foot behind left, cross left foot over right
8&1 Step right foot to right side, close left foot to right, turn ¼ left & step right foot back

HOLD, BALL CROSS, SIDE CHASSE, SPOT TURN, STEP SIDE, CROSS

2&3 Hold position, step ball of left foot behind right, cross right foot over left
4&5 Step left foot to left side, close right foot to left, step left foot to left side
6-7 Turn ¼ left & step right foot forward, turn ½ left ending with weight on left foot
8-1 Turn ¼ left & step right foot to right side, cross left foot over right

SPOT TURN, TRIPLE FULL TURN, ROCK, RECOVER, & PUSH & STEP BACK

2-3 Turn ½ right ending with weight forward on right foot, turn ½ right & step left foot forward
4&5 Stepping right-left-right turn 1 full turn right (4&5)
6-7 Rock forward on left foot, recover weight to right
&8&1 Step left foot slightly behind right, step ball of right foot forward pushing weight slightly into floor, step left foot in place, step right foot back

WALK, WALK, FORWARD CHA-CHA LOCK, ROCK, RECOVER, STEP TOGETHER

2-3 Step forward on left foot, step forward on right foot
4&5 Step forward on left foot, step ball of right foot slightly behind left, step forward on left foot
6-7 Rock forward on right foot, recover weight to left foot
8 Step right foot next to left

REPEAT
