

Guajira

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Guajira - Chayanne



STEP SIDE, ROCK, TAP SIDE OUT TAP STEP RIGHT, ROCK ACROSS, STEP SIDE

1 Step left to side left
2 Rock back on right
3 Recover weight on left
4 Tap ball of right next to left instep
&
5 Step right out to side right
6 Step left out to side left diagonally forward
7 Tap ball of right next to
8 Take large step right out to side right
&
9 Rock forward on left across right, facing front
10 Recover weight on right center
11 Step left to side left

PLACE, SWIVEL ¼ RIGHT, FORWARD BASIC, ROCK STEP, RECOVER AND RONDE, BACK LOCK

2 Place ball of right next to left instep
3 Swivel on ball of left ¼ right (3:00), keeping feet together same way
4 Step forward on right
&
5 Step left behind right
6 Step forward on right
7 Rock forward on left
8 Recover weight on right and ronde left front to back
9 Step back on left
&
10 Step backward on right (lock in front of left)
11 Step back on left

STEP BACK AND SIT, HOLD, HIP BOUNCES, FORWARD STEP X'S 2, SWIVELS AND ½ TURN

&
2 Step back on right
3 Sit with both knees bent, left heel up
4 Hold position
&
5 Raise left hip up
6 Lower left hip to sitting position
&
7 Raise left hip up
8 Lower left hip to sitting position
9 Step forward on left
10 Step forward on right, weight even
11 Swivel heels of both feet to right
&
12 Swivel heels of both feet
13 Swivel on both feet ½ left (9:00), end weight on right

BACK ROCK RECOVER, FORWARD BASIC POINT, SYNCOPATED CROSS ROCK

2 Rock back on left
3 Recover weight on right
4 Step forward on left
&
5 Step right behind left
6 Step forward on left
7 Step forward on right

- 7 Point left toe out to side left
- 8 Rock left across in front of right (facing 9:00)
- & Recover weight on right

REPEAT
