

Gstep

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Doreen Petrov (AUS)
音乐: These Boots Are Ready To Dance - The Dean Brothers



This dance is dedicated to a friend (Garrett) who lost his life in a tragic car accident. Hope you enjoy it! Dance lots & drive safe!

STEP LOCK, HOLD, ½ TURN LEFT, HOLD

- 1 Step forward on right foot
- 2 Lock left foot behind right
- 3 Step forward on right foot
- 4 Hold
- 5 Step forward on left foot
- 6 Rock back onto right foot
- 7 Turning a ½ left step forward on left foot
- 8 Hold

STEP LOCK, HOLD, ½ TURN RIGHT, HOLD

- 1 Step forward on right foot
- 2 Lock left foot behind right
- 3 Step forward on right foot
- 4 Hold
- 5 Step forward on left foot
- 6 Turn ½ right shifting weight onto right foot
- 7 Step forward on left foot
- 8 Hold

SIDE JUMPS/TAPS

- 1&2 Tap right to right side, bring right beside left, tap left to left side
- &3 Bring left beside right, tap right to right side
- 4 Hold

TOE STRUTS (TURNING), ¼ TURN

- 1-2 Step back onto right toe, drop heel down
- 3-4 Turning ½ left, step forward on left toe, drop heel down
- 5-6 Step forward on right, rock back onto left
- 7-8 Turn ¼ right stepping right beside left, hold

TOE STRUTS (TURNING)

- 1-2 Step forward on left toe, drop heel down
- 3-4 Turning ½ left, step back on right toe, drop heel down
- 5-6 Rock back onto left foot, rock forward onto right foot
- 7-8 Step left beside right, hold

VINE

- 1-2 Cross right over left, hold
- 3-4 Step left to the side, cross right behind left
- 5-6 Step left to the side, hold

¼ TURNS

- 1-2 Step forward on right, turn a ¼ left keeping weight on left

3-4

Repeat step turn

5-6

Step forward on right, step left beside right

REPEAT
