

Groovin Country

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Jo Kinser (UK)
音乐: Groove It Country - Ronnie Beard



SIDE SHUFFLE RIGHT, LEFT ROCK BACK, RECOVER, SIDE SHUFFLE LEFT, RIGHT TOUCH BACK, ½ RIGHT

1&2 Side step right, bring the left foot next to the right (weight left), side step right
3-4 Rock back on the left foot, recover forward on the right foot
5&6 Side step left, bring the right next to the left (weight right), side step left
7-8 Touch the right foot back, make a ½ over the right shoulder (weight right)

CROSS TOUCHES, OUT OUT, CLICK, POP KNEES TWICE

1-2 Touch the left foot out to the left side, cross the left foot over the right foot, weight left
3-4 Touch the right foot out to the right side, cross the right foot over the left foot weight right
&5-6 Step the left foot out to the left side, and the right foot out to the right side (shoulder width apart), click fingers
&7&8 Pop knees forward twice lifting heels off the floor

STEP TOGETHER RIGHT & LEFT, ROLL HIPS THREE TIMES TO THE LEFT, PUSH BACK TOGETHER TWICE

&1-4 Step together right & left, roll your hips and knees to the left for three counts using arms above head for styling
&5-6 Step back right and left (feet together) pushing your hips back and extending your arms forward with palms forward (&5), straighten up with arms back down
&7-8 Repeat &5-6

RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS, RIGHT ROCK AND CROSS, LEFT ROCK AND CROSS TRAVELING FORWARD

1&2 Rock the right foot out to the right side, replace weight left, cross the right foot in front of the left, weight right
3&4 Rock the left foot out to the left side, replace weight right, cross the left foot in front on the right, weight left
5&6 Rock the right foot out to the right side, replace weight left, cross the right foot in front on the left, weight right
7&8 Rock the left foot out to the left side, replace weight right, cross the left foot in front on the right, weight left

REPEAT