

Groovin'

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Dion Thomas (AUS) & Val Thomas (AUS)
音乐: Let's Groove - Earth, Wind & Fire



1-4 Step right to side, rock to left, reverse strut (toe-flat), right across left
5-8 Step left to side, rock to right, reverse strut, left across right
9&10 Shuffle forward right, left, right
11-14 Step on left & pivot ½ right, step on left & pivot ½ right (weight right)

LEFT FORWARD CAMELS (BODY SWAY)

15-16 Left forward, right together
17-18 Left forward, right together
19-20 Left forward, right together
21-22 Left forward, kick right

Moving back

23-28 Cross right over left, step back left, cross right over left, step back left, cross right over left, step back left

RIGHT SUGAR FOOT, LEFT SUGAR FOOT

29-32 Touch right toe next to left (heel out), right heel next to left (heel out), step right diagonally forward, move hips to right
33-36 Touch left toe next to right, left heel next to right, step left diagonally forward, move hips to left

SYNCOPATED VINE RIGHT

37-38 Right to side, left behind right
39&40 Right to side, cross left over right, turn ½ right
41-44 Repeat last 4 beats

45-48 Step right to side, touch left toe behind right, step left to side, touch right toe behind left

49-50 Right heel forward, Hold
51&52 Jump right together, left toe back, Hold
53&54 Jump left together, right heel forward, Hold
55&56 Jump right together, cross left over right, turn ½ right

57-58 Body sway (slowly) rotate hips to right
59-60 Body sway (slowly) rotate hips to left
61 Rotate hips to right
62 Rotate hips to left
63 Rotate hips to right
64 Rotate hips to left

REPEAT

TO FINISH FACING FRONT

After music finishes on count 56, cross left over right, turn ½ right, tip your hat.