

# Groovegrass

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Gloria Johnson (USA)  
音乐: Little Cabin On the Hill - The GrooveGrass Boyz



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## CROSS-SHUFFLE, SYNCOPATED HEELS, BACK SHUFFLE, SYNCOPATED HEELS

1&2      Cross-step right over left; step left to left side; cross-step right over left  
3&4      With feet still crossed, swivel heels out-in-out  
5&6      Step right diagonally back right; step left back across right; step right diagonally back  
7&8      With feet still crossed, swivel heels out-in-out

## SYNCOPATED HOPS BACK, KNEE ROLLS

&9-10      Turning 1/8 right (now facing 1:30), jump back right, left; hold  
&11-12      Jump back right, left; hold  
13&14      Three quick knee rolls right with right knee (to the right)  
15&16      Three quick knee rolls left with left knee left (to the left)

## SYNCOPATED HOPS BACK, KNEE ROLLS

&17-18      Turning 1/8 right (now facing 3:00), jump back right, left; hold  
&19-20      Jump back right, left; hold  
21&22      Three quick knee right rolls with right knee (to the right)  
23&24      Three quick knee rolls left with left knee (to the left)

## JUMP, TOGETHER; JUMP APART; JUMP, FEET CROSSED; SYNCOPATED HEEL SWIVELS TURNING ½ TURN

25&26      Jump, landing w. Feet together; jump, landing with feet apart; jump landing with right crossed over left  
27&28      Bounce three times turning on balls of both feet ¼ left  
29-30      Bounce twice turning ¼ left on balls of both feet  
31&32      Kick right forward; step on ball of right; step on left

**REPEAT**

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