

# Groove With Me

**COPPER KNOB**  
STEPSHEETS

拍数: 40                      墙数: 2                      级数: Improver  
编舞者: A.T. Joven  
音乐: Groove With Me Tonight - MDO



## HEEL SWITCHES TRAVELING BACK, STOMP, TURN, STOMP, TURN

1&                      Touch right heel in front, step back on right  
2&                      Touch left heel in front, step back on left  
3&                      Touch right heel in front, step back on right  
4&                      Touch left heel in front, step back on left  
5                        Stomp right forward  
6                        Pivoting on left - make a ¼ turn left shifting weight on left  
7                        Stomp right forward  
8                        Pivoting on left - make a ¼ turn left shifting weight on left

## FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, ½ TURNING SHUFFLE

1&2                    Step right forward, step left next to right, step right forward  
3&4                    Step forward on left, rock back on right, step back on left  
5&6                    Step back on right, step left next to right, step back on right  
7&8                    Step back on left (start making a ½ turn left), step right together, step forward left (completing ½ turn left)

## FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, COASTER STEP

1&2                    Step right forward, step left next to right, step right forward  
3&4                    Step forward on left, rock back on right, step back on left  
5&6                    Step back on right, step left next to right, step back on right  
7&8                    Step back on left, step right next to left, step forward on left

## STEP SIDE, ROCK SIDE, TOGETHER, STEP SIDE, ROCK SIDE, TOGETHER, TOUCH SIDE, CROSS OVER, ½ TURN LEFT

1                        Step side to right on right  
2&                      Rock side to left, step right next to left  
3                        Step side to left on left  
4&                      Rock side to right, step left next to right  
5                        Touch right toes to right side  
6                        Cross right over left  
7-8                    Uncross making a ½ turn left (in two counts)

## STEP FORWARD SWINGING THE HIPS, STEP FORWARD SWINGING THE HIPS, STEP FORWARD, STEP FORWARD, ROCK BACK, COASTER STEP

1&2                    Step forward on right swinging the hips forward, back, forward  
3&4                    Step forward on left swinging the hips forward, back, forward  
5                        Step forward on right  
6&                      Step forward on left, rock back on right  
7&8                    Step back on left, step right next to left, step forward on left

**REPEAT**