

Greenberg Medley

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数:
编舞者: Jenifer Wolf (CAN)
音乐: Greenberg Medley - The Rankin Family



HEEL, HOOK, HEEL, TOGETHER, TWICE

1-2 Right heel forward, right heel up, in front of left
3-4 Right heel forward, right heel beside left
5-6 Left heel forward, left heel up, in front of right
7-8 Left heel forward, left heel beside right

KICK, KICK, TRIPLE, TWICE

1-2 Right kick forward, right kick forward
3&4 Step right in place, step left beside right, step right in place
5-6 Left kick forward, left kick forward
7&8 Step left in place, step right beside left, step left in place

STEP, SLIDE, STEP, TWICE, SAILOR SHUFFLES, TWICE

1&2 Step right forward, slide left beside right, step right forward
3&4 Step left forward, slide right beside left, step left forward
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side

Option for beginners: do triples in place instead of the sailors on counts 5-8

STEP, SLIDE, STEP, TWICE, SAILOR SHUFFLES, TWICE

1&2 Step right back, slide left back beside right, step right back
3&4 Step left back, slide right back beside left, step left back
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side

Option for beginners: do triples in place instead of the sailors on counts 5-8

MONTEREY TURNS

1-2 Touch right to right side, turn ½ right onto right (pivot on left, weight ends on right)
3-4 Touch left to left side, step left beside right
5-6 Touch right to right side, turn ½ right onto right (pivot on left, weight ends on right)
7-8 Touch left to left side, step left beside right

Option for beginners: touch side, touch together without turning on counts 1-8

VINE, STOMP, STOMP, VINE, ¼ TURN, STOMP, STOMP

1-2 Step right to right side, cross left behind right
3&4 Step right, to right side, stomp left, stomp right
5-6 Step left to left side, cross right behind left
7&8 Turn ¼ left onto left, stomp right, stomp left

REPEAT