

# Green Frog

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: William Sevone (UK)  
音乐: Green Door - Wynder K. Frog



## 'MINTY' JAZZ BOX, FORWARD SHUFFLE (12:00)

1-2            Cross step right over left, step backward onto left foot  
3              Step right foot to right side and slightly forward  
4-5            Cross step left foot over right, step backward onto right foot  
6              Step left foot to left side and slightly forward  
7&8            (Short steps) step forward onto right foot, close left foot next to right, step forward on right foot

Counts 1-6 form a 'figure of 8' when completed

## FORWARD SHUFFLE, PUSH STEP, STEP, SLOW FORWARD COASTER STEP, CROSS STEP (12:00)

9&10            (Short steps) step forward on left foot, close right foot next to left, step forward on left  
11-12           Push step forward onto right foot, step onto left foot  
13-14           Step backward onto right foot, step left foot next to right  
15-16           Step forward onto right foot, cross step left foot over right

## 2X GRAPEVINE WITH OPTIONAL EXPRESSION (12:00)

17-18           Step right foot to right side, cross step left foot behind right  
**Option: count 18: cross step left foot over right foot**  
19-20           Step right foot to right side, (keeping right foot facing forward) turn whole body towards right and tap left toe next to right toe (bending left knee forward slightly)  
21-22           Step left foot to left side, cross step right foot over left  
23-24           Step left foot to left side, (keeping left foot facing forward) turn whole body towards left and tap right toe next to left toe (bending right knee forward slightly)

**Option: count 20: (turning body slightly left) touch left heel diagonally forward left**  
**On count 24 (turning body slightly right) touch right heel diagonally forward right**

## ¼ RIGHT EXTENDED GRAPEVINE, CROSS ROCK-ROCK (OR OPTION), SIDE STEP (3:00)

25-26           Turn ¼ right & step right foot to right side, cross step left foot over right  
27-28           Step right foot to right side, cross step left foot behind right  
29-30           Step right foot to right side, cross rock/push step left foot over right  
31-32           Rock/step onto right foot, step left foot to left side

**Option: 'Jumpin' Frogs'**

30-31           Feet together slight jump to right, slight jump to left

**REPEAT**

## DANCE FINISH

The dance will finish on count 16 of the 15th wall facing 6:00. To finish facing the 'home' wall, just add a ½ turn (unwind) right after count 16