

Grease Monkey

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Helen D'Aguiar (UK)
音乐: Athens Grease - Phil Vassar



CHASSE RIGHT, BACK ROCK STEP, STEP SIDE, ¼ TURN RIGHT KICK, COASTER STEP

1&2 Step right to side, close left next to right, step right to side
3-4 Rock back on left, recover on right
5-6 Step left to side, bending left knee slightly, turn quarter right as you straighten your knee and kick right foot forward
7&8 Step back on right, close left next to right, step right foot forward

JUMP FORWARD LEFT, RIGHT, CLAP, JUMP BACK LEFT, RIGHT, CLAP, LEFT TOE TOUCHES FORWARD, SIDE, SAILOR ¼ TURN LEFT

&9-10 Jump forward left, right, clap hands
&11-12 Jump back left, right, clap hands
13-14 Touch left toe forward, touch left toe out to left
15&16 Step left behind, begin to make quarter turn left stepping right out to side and step left in place (sailor ¼ turn left)

STEP PIVOT ½ LEFT, RIGHT SHUFFLE FORWARD, ROCK STEP, STEP BACK, KICK FORWARD

17-18 Step right foot forward, pivot half turn left (weight now on left)
19&20 Step right foot forward, close left next to right and step right foot forward
21-22 Rock forward on left, recover back on right
23-24 Step back on left, kick right foot forward

ROCK STEP BACK, SYNCOPATED JAZZ BOX ¼ TURN RIGHT, CROSS SHUFFLE, HIP CIRCLE/BUMPS

25-26 Rock back on right, recover on left
27&28 Cross right over left, step back on left as you make a ¼ turn right, step right to side
29&30 Cross left over right, step right to side, cross left over right
31-32 Touch right toe to side as you circle your hips to the left or hips bumps right, left
Weight ends up on left ready to begin again

REPEAT

TAG 1

On wall 4 (3:00 wall) dance up to count 18 and add a step pivot ¼ turn left to face the back wall ready to begin the dance again

TAG 2

On wall 8 (9:00 wall) dance up to count 12 only but leave the weight on the left foot ready to begin the dance again.