

Grease Is The Word

COPPERKNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Grease - Frankie Valli



RIGHT & LEFT SAILOR, TOUCH FULL RIGHT UNWIND, SIDE ROCK CROSS

1&2-3&4 Right sailor, left sailor
5-6 Touch right behind left, unwind right full turn (wor)
7&8 Rock left, replace on right, cross left over right (facing 12:00)

SIDE, BEHIND & HEEL & CROSS, SIDE, TOUCH, SYNCOPATED SIDE JUMP

1-2 Step right to right, step left behind right
&3&4 Step right to right, left heel diagonally forward, step left next to right, cross right over left
5-6 Step left to left, touch right next to left
&7&8 Jump right, touch left next to right, jump left, touch right next to left

Add tag & restart here

OUT IN OUT, SAILOR ¼ TURN RIGHT, LEFT KICK BALL CROSS, SIDE ROCK CROSS

1&2 Point right out in out
3&4 Right ¼ turn sailor
5&6 Left kick ball cross
7&8 Rock left, replace on right, cross left over right (facing 3:00)

RIGHT & LEFT SIDE ROCK CROSS, RIGHT & LEFT BUMP

1&2 Rock right to side & recover on left, cross right over left
3&4 Rock left to side & recover on right, cross left over right
5&6 Bump right-left-right
7&8 Bump left-right-left

SIDE BEHIND ¼ RIGHT FORWARD SHUFFLE, PIVOT ½ TURN RIGHT, LEFT FORWARD SHUFFLE

1-2 Step right to side, step left behind
3&4 ¼ turn right forward shuffle
5-6 Step left forward, pivot ½ turn right
7&8 (Left forward shuffle) 12:00

Restart here during 1st wall

ROCK, REPLACE, RIGHT COASTER, WALK X 4 (WALK WITH ATTITUDE)

1-2 Rock forward on right, replace on left
3&4 Right coaster
5-8 Walk left-right-left-right with attitude

SIDE, BEHIND, SIDE ROCK CROSS, WEAVE RIGHT

1-2 Step left to side, step right behind left
3&4 Rock left, replace on right, cross left over right
5-8 Step right to side, left behind right, step right to side, cross left over right

SIDE ROCK, RIGHT CROSS SHUFFLE, ½ TWIST, LEFT CROSS SHUFFLE, SIDE ROCK

1-2 Rock right, replace on left
3&4 Right over left cross shuffle (looking right)
&5&6 Twist ½ left & cross shuffle left over right (looking left)
7-8 Rock right, replace left

REPEAT

RESTART

First restart happens during 1st wall, after doing count 40

At the end of 2nd wall (facing 6:00) add tag

On wall 4 (facing 12:00) do first 16 counts, add tag & restart

On wall 6 (instrumental) facing 6:00, do the dance till count 38, skip count 39-44. Instead continue the dance from count 45 (walk x 4)

TAG

1-4 Rock right, left right, left (add own hand movement)
