

Grambo Get-A-Long

COPPER KNOB
STEPPERS

拍数: 40 墙数: 0 级数:
编舞者: Mark Wilson (CAN)
音乐: Stop Drop and Roll - Curtis Grambo



- 1&2 Right kick, ball, change
3&4 Right kick, ball, crossover change with left to right
5-6 Step to right with right, drag left beside right, shifting weight onto left
7-8 Stomp right slightly forward to right, and clap
- 1-2 Pop or bump right hip forward twice
3-4 Pop or bump left hip back twice
5-6 Shifting weight onto right, step forward with left at 45 degrees, drag right to left
7-8 Step forward with left at 45 degrees, stomp right beside left
- 1&2&3 Going to left side, do side boogie hops starting with left to left, right beside left, left to left, right beside left, left to left
If you don't like hops, do a left vine, left to left, right cross behind left to left, left to left
4 Stomp right slightly forward and to the right of left and clap with stomp
5-6 Pop or bump right hip forward twice
7-8 Pop or bump left hip back twice, leaving weight on left
- 1-2 Step back with right at 45 degrees, drag left to right
3-4 Step back with right at 45 degrees, touch left toe beside right instep
5&6 Shuffle forward left, right, left
7-8 Step forward with right, ½ pivot turn to left, shifting weight onto left
- 1&2 Shuffle forward right, left, right
3-4 Step forward with left, ½ pivot turn to right shifting weight onto right
5&6 Shuffle forward left, right, left
7-8 Step forward with right, ¼ pivot turn to left shifting weight onto left

REPEAT
