

Grace

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Helen Peers (UK) & Cathy Hodgson (UK)
音乐: Grace - Simon Webbe



SIDE BACK ROCK TWICE, VINE LEFT, CROSS ROCK, RECOVER, ¼ TURN RIGHT

1-2& Step left to side, rock back on right, recover onto left
3-4& Step right to side, rock back on left, recover onto right
5-6& Step left to side, cross right behind left, step left to side
7&8 Cross rock right over left, recover onto left, ¼ turn right and step right foot forward

ROCK FORWARD LEFT, RECOVER, TOGETHER, ROCK FORWARD RIGHT, RECOVER, TOGETHER STEP LEFT, ½ TURN RIGHT, TOGETHER, RIGHT LOCK STEPS

1-2& Rock forward on left, recover onto right, step left beside right
3-4& Rock forward on right, recover onto left, step right beside left
5-6& Step forward on left, turn ½ right (weight to right), step left beside right
7&8 Step forward on right, lock left behind right, step forward on right

CROSS ROCKS, WEAVE, CROSS ROCK

1&2 Cross rock left over right, recover onto right, step left to side
3&4 Cross rock right over left, recover onto left, step right to side
5&6 Cross step left over right, step right to side, cross step left behind right
&7&8 Step right to side, cross rock left over right, recover onto right, step left to side

CROSS ROCKS, WEAVE, CROSS ROCK

1&2 Cross rock right over left, recover onto left, step right to side
3&4 Cross rock left over right, recover onto right, step left to side
5&6 Cross right over left, step left to side, cross right behind left
&7&8 Step left to side, cross rock right over left, recover onto left, step right to side

REPEAT
