

Gotta' Rock

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver west coast swing
编舞者: Barbara Thacker (USA)
音乐: Rockin' Pneumonia - Ronnie McDowell



KNEE POP RIGHT, KNEE POP LEFT, BIG STEP FORWARD (SLIGHTLY TO LEFT)

1-2 Step left on left foot, setting right foot on floor to right and pop right knee
3-4 Step in place on right foot, setting left foot on floor to left and pop left knee
5-6-7-8 Big step forward diagonally left on left heel, drag right foot up to left foot
Weight on left foot as you slowly drag right foot next to left

STEP SLIDE, STEP SLIDE (WITH ATTITUDE!) JAZZ BOX TURNING ¼ RIGHT

1-2 Step right foot to right side, slide left foot beside right taking weight on left
3-4 Step right foot to right side, slide left foot beside right taking weight on left
5-6 Step right foot over left, turning ¼ right, step back on left
7-8 Step right foot to side, left foot steps next to right

Jazz box moves back toward center

SYNCOPATED TOE TOUCHES WITH (2) PIVOT TURNS

1&2 Right toe touches to right, as right toe returns to center, left toe touches out to left side
&3-4 As left toe returns to center, right toe touches out to right side, right toe touches to center
(keeping weight on left foot on count 4)
5-6 Right foot steps forward, pivot turn ½ left, weight ending forward on left
7-8 Right foot steps forward, pivot turn ½ left, weight ending forward on left

OUT OUT HOLD, OUT OUT HOLD, KNEE ROLL WITH ¼ TURN TO RIGHT, (2) HEEL TAPS

&1 Slight jump forward, right-left
2 Hold
&3 Slight jump back, right-left
4 Hold
5-6 Knee-roll out to right with right knee, turning ¼ turn right (weight stays on left)
7-8 Tap right heel twice, stepping on right foot on count 8.

REPEAT