

Gotta Keep On Movin'

拍数: 32 墙数: 4 级数:
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音乐: Cotton Pickin' Time - Blake Shelton



WALK FORWARD 2, RIGHT FORWARD, ½ LEFT PIVOT, RIGHT FORWARD, LEFT FORWARD SHUFFLE, ½ LEFT TURNING SHUFFLE

1-2 Step right forward, step left forward
3&4 Step right forward, pivot ½ left, step right forward
5&6 Step left forward, step right together, step left forward
7&8 Turning ½ left step right back, step left together, step right back

LEFT COASTER STEP, RIGHT KICK BALL TOUCH & RIGHT TOUCH, ¼ RIGHT & LEFT HEEL & RIGHT HEEL, TOGETHER, LEFT SIDE STEP

1&2 Step left back, step right together, step left forward
3& Kick right forward, step right together
4& Touch left to side, step left together
5& Touch right to side, step right together turning ¼ right
6& Touch left heel forward, step left together
7& Touch right heel forward, step right together
8 Step left to side

RIGHT SAILOR STEP, RIGHT SYNCOPATED WEAVE, RIGHT KICK BALL CROSS, RIGHT SIDE, ¼ LEFT & SIDE, RIGHT CROSS STEP

1&2 Cross step right behind left, step left to side, step right to side
3&4 Cross step left behind right, step right to side, cross step left over right
5&6 Kick right forward, step right to side, cross step left over right
7&8 Step right to side, turning ¼ left step left to side, cross step right over left

LEFT SIDE, RIGHT SAILOR HEEL BALL CROSS, LEFT HEEL JACK, ¼ RIGHT & LEFT BACK, RIGHT HEEL FORWARD, RIGHT BACK, LEFT FORWARD

1 Step left to side
2&3 Cross step right behind left, step left to side, touch right heel forward
&4 Step right back, cross step left over right
&5&6 Step right to side, touch left heel forward, step left back, cross step right over left
&7 Turning ¼ right step left back, touch right heel forward
&8 Step right back, step left forward

REPEAT

TAG

For Blake Shelton only: after the 3rd wall (facing left side wall) & 6th wall (facing back wall) add the following 4 counts:

1-4 Right forward, ½ left pivot, right forward, ½ left pivot

Begin the dance again