

Gotta Go

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数:
编舞者: Donna Boyce (USA)
音乐: Strong Enough - Cher



on "Strong Enough," start right after the slow intro

- 1-2-3&4 Walk back right, left, tap right toe next to left and scoot left foot back as you hitch right knee, step down on right foot
- 5&6 Step back on left foot, slide right foot back to left foot, step left foot back
- 7-8 Touch right toe out to right side, push off w. Right foot, turn $\frac{1}{2}$ turn to your right as you bring right foot together w left. Only touch right foot next to left

TOE-HEEL, CROSS SHUFFLE TOUCH, TOE TWISTS WITH $\frac{1}{2}$ TURN

- 1-2-3&4 Touch left toe next to right angling the right knee inward, touch the right heel next to left foot, angling right knee outward. Cross right foot over left, slide left foot over to right foot, move right foot over left again but only touch (turn head to left to look in direction of travel, end with weight on left foot)
- 5&6-7&8 Keeping right toe on floor, twist heel right, left, right and place weight on it (this twisting motion is like putting out a cigarette). Now you are facing a $\frac{1}{4}$ turn to your left. Twist left toe in same motion, right, left, right but keep weight on right foot. This has turned you another $\frac{1}{4}$ turn to the left to complete a $\frac{1}{2}$ turn

LEFT SHUFFLE, RIGHT SHUFFLE WITH A $\frac{1}{2}$ TURN, WALK FORWARD

- 1&2 Step left foot forward, slide right foot up to left, step left foot forward
- 3&4 Step right foot forward, place weight on ball of left foot and place weight back on right foot. Do these three steps while making a $\frac{1}{2}$ turn to your left
- 5-8 Walk forward left, right, left, right, ending w. Feet together and weight on both feet

TOES OUT, HEELS OUT, SYNCOPATED RIGHT FOOT, SIDE SHUFFLE, ROCK STEP

- 1-3&4 Spread toes apart, spread heels apart, quickly bring in right foot, heel toe, heel, placing weight on the right foot. While bringing in the right foot, move the right arm. Have right hand hanging down with upper arm parallel to the floor - when right heel moves, right hand comes up leaving the upper arm parallel to the floor. When right toes move, hand goes back down
- 5&6-8 Step left foot to left side, slide right foot next to left, step left foot a $\frac{1}{4}$ to the left rock forward on right foot, rock back on left foot

REPEAT
