

# Gotta Get Thru

**COPPER KNOB**  
STEPSHEETS

拍数: 80      墙数: 4      级数: Intermediate hip hop  
编舞者: Louise Walsh  
音乐: Gotta Get Through This - Daniel Bedingfield



## KICK BALL CHANGE, STEP TOUCH, BACK RIGHT LEFT, ½ TURN SHUFFLE

1&2      Kick left forward, step left together, step right in place  
3-4      Step left forward, touch right together  
5-6      Step right back, step left back  
7&8      Turn ½ right and step right forward, step left together, step right forward  
9-16      Repeat 1-8

## HEEL SWITCHES, COASTER, ½ TURN

17&18&      Touch left heel forward, step left together, touch right heel forward, step right together  
19&20      Touch left heel forward, hitch left knee, touch left heel forward  
21&22      Step left back, step right together, step left forward  
23&24      Step right forward, turn ½ left (weight to left)

## SHUFFLE, FULL TURN, CROSS BACK ¼ TURN, SHUFFLE

25&26      Step right forward, step left together, step right forward  
27&28      Turn ½ right and step left back, turn ½ right and step right forward  
29-30      Cross left over right, turn ¼ left and step right back  
&31-32      Step left to side, step right together, step left to side

## DIAGONAL HITCH AND FLICK SHUFFLE HALF TURN

33-34      Cross right over left, hitch left knee  
35-36      Step left back, flick right back  
37&38      Cross right over left, step left to side, cross right over left  
39&40      Rock left to side, recover to right, turn ½ right and step left diagonally forward

## DIAGONAL HITCH AND FLICK SHUFFLE HALF TURN

41-42      Cross right over left, hitch left knee  
42-43      Step left back, flick right back  
44&45      Cross right over left, step left to side, cross right over left  
47&48      Rock left to side, recover to right, cross left over right (12:00)

## SYNCOPATED ½ TURN SIDE SHUFFLES ROCK BACK

49-50      Touch right to side, turn ½ right and step right together  
51-52      Touch left to side, step left together  
53&54      Step right to side, step left together, step right to side  
55-56      Rock left behind right, recover to right

## SHUFFLE ROCK BACK, BEND DOWN AND UP AND HALF TURN HITCH

57&58      Step left to side, step right together, step left to side  
59-60      Cross/rock right behind left, recover to left  
61-62      Step right to side, lift left heel  
63-64      Step left to side, hitch right knee

## HIP BUMPS COASTER STEP, TOE POINTS

65&66      Turn ½ left and step right back, bump hips right, bump hips right  
67&68      Step left back, step right together, step left forward

69-70 Touch right to side, cross right over left  
71-72 Touch left to side, cross left over right

**SYNCOPATED LOCK STEPS & ¼ TURNS**

73&74 Step right forward, lock left behind right, step right forward, lock left behind right  
75&76 Step left forward, lock right behind left, step forward, lock right behind left

77-78 Turn ¼ right and step right forward, turn ¼ right and step left to side  
79-80 Turn ¼ right and step right back, step left to side

**REPEAT**

**ENDING:**

1-2 Step left to side, step right together

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