

Gotta Get Thru

COPPERKNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Suzy Taylor (UK)
音乐: Gotta Get Through This - Daniel Bedingfield



TOUCH RIGHT TOE FORWARD, KNEE IN, KICK OUT, RIGHT COASTER, 2 WALKS, STEP, HEEL SWIVELS

1-2 Touch right toe forward with knee popped in, kick out forward
3&4 Step right foot back, step left beside right, step right forward
5-6 Walk forward left, walk forward right
7&8 Step left forward, both heels left, heels center

2 STEPS OR SCOOT BACK, LEFT COASTER STEP, STEP ½ PIVOT LEFT TURN TWICE

&1&2 Scoot back pushing off right hitching left leg, step left back, hitch right scoot back pushing off left, step back right
3&4 Step left foot back, step right beside left, step left forward
5-6 Step right foot forward, pivot ½ turn left
7-8 Step right foot forward, pivot ½ turn left, weight on left

2 RIGHT KICKS, RIGHT SAILOR, 2 LEFT KICKS, ¼ TURN LEFT SAILOR

1-2 Kick right forward & slightly across, kick out right
3&4 Step right behind left, step left to side, step right to right side
5-6 Kick left forward & slightly across, kick out left
7&8 Step left behind right, step right to right side turning ¼ left, step left to left

ROCK STEP, SHUFFLE ½ TURN RIGHT, STEP ½ PIVOT RIGHT, LEFT SHUFFLE

1-2 Rock forward on right, recover back on left
3&4 ½ turn right stepping left, right, left
5-6 Step forward left, ½ pivot turn right
7&8 Shuffle forward stepping left, right, left

¼ TURN RIGHT WITH 4 SKATES, CROSS, SIDE, BEHIND & HEEL JACK & CROSS

1-2 Skate diagonally forward right making ¼ turn right, skate diagonally forward left
3-4 Skate forward right, skate forward left
5-6 Cross right over left, step left to left side
7&8 Cross right behind left, step left to left, touch right heel diagonally forward right
&1 Cross left over right bringing right to step in place

¾ TURN LEFT STEPPING RIGHT, LEFT TOE BEHIND UNWIND, FULL TURN LEFT STEPPING RIGHT WITH LEFT LEG HOOKED, SHUFFLE FORWARD, TRAVELING FORWARD

2& Step right to right side, touch left toe behind
3-4 Unwind ¾ left ending with weight on left
5-6 Step forward right, full turn right with left leg hooked over right knee
7&8 Shuffle forward stepping left, right, left

POINT OUT TOES FORWARD & RIGHT, LEFT & RIGHT TOE SWITCHES, 2 PADDLE TURNS MAKING ¼ TURN LEFT

1-2 Point right toe forward & right
&3&4 Bring right foot in to left, point left toe to left, bring left foot in, pointing right toe out to right
5-6 Touch right forward, turn 1/8 right
7-8 Touch right forward turn 1/8 right

POINT OUT FORWARD & RIGHT, LEFT & RIGHT TOE SWITCHES, 2 PADDLE TURNS MAKING ¼ TURN LEFT

- 1-2 Point right toe forward & right
- &3&4 Bring right foot in to left, point left toe to left, bring left foot in, pointing right toe out to right
- 5-6 Touch right forward, turn 1/8 right
- 7-8 Touch right forward turn 1/8 right

REPEAT
