

Gotta Dance

拍数: 56 墙数: 2 级数:
编舞者: Lauren Peacock (AUS)
音乐: Some Days You Gotta Dance - The Chicks



The choreographer was age 11 when this dance was written.

- 1-2 Jump with both feet together & kick right foot out to right side (45 degrees, high)
3&4 Sailor step starting with left foot
5-8 Repeat counts 1-4 starting with left foot
- 1&2 Kick right foot forward, place together (weight on right) & tap left toe out to left side
3&4 Repeat above 2 counts using left foot first
5-6 Step forward on right, ½ turn left (weight on left foot)
7-8 Stomp right out in front at 45 degrees, stomp left at 45 degrees at shoulder width apart
- 1-4 Slide right foot into left foot as you do 2 x hip bumps on the left, then 2 on the right
5-8 Alternate knee pops 4 times, starting with the right as you do 2 hip circles to the left
- 1-4 Vine right with a hitch & half turn to right on 4th count
5-8 Vine left, right foot tap together
- 1-8 Step right foot 45 degrees forward & shimmy shoulders forward & back 4 times (2 counts each shimmy)
- 1-2 Turn ¼ to right, scuff right foot & hop onto right foot while picking up left foot behind as close to your behind as possible
3&4 Rolling vine starting with left foot turning full turn to your right finishing with feet together
5-6 Moving straight forward, scuff right foot & hop onto right foot while picking up left foot behind
7&8 Rolling vine starting with left foot turning ½ turn to your right finishing with feet together
- 1-4 Step right forward, lock left behind, step on right & scuff left as you begin to turn to your right
5-8 Step on left & scuff right step on right & place left together as you turn a ¾ turn to your right. You should now be facing the opposite wall to where your started

REPEAT

TAG

There are 3 small tags following the first & third repetition of the dance

- 1-2 Jump feet apart, jump & cross right over left
3-8 Unwinding ½ turn to your left for 6 counts while shimmying shoulders

And during the fifth rep of dance, you'll hear a change in the music. Instead of the shoulders shimmies, click right fingers 3 times & step right foot out to right side (2 counts) and the start dance again