

Gotta Dance

COPPERKNOB
BY STEPHENETS

拍数: 120 墙数: 2 级数: Advanced
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音乐: Some Days You Gotta Dance - Keith Urban



SAILOR, HEEL BALL STEP, HEEL BALL STEP, PIVOT TURN, TOUCH

1&2-3&4 Right sailor, touch left heel forward & step left next to right, step right forward
5&6-7-8 Touch left heel forward, & step left next to right, step right forward, pivot ½ turn left, touch right next to left

SPLIT STEP TOUCH, SPLIT STEP FORWARD, STEP SIDE BEHIND & ¼ TURN, PIVOT ½

&1-2&3-4 Step back right, step forward left, touch right next to left, & step back right, forward left, step forward right
5-6&7-8 Step left to side, step right behind left, & ¼ turn left onto left, step forward right, pivot ½ turn left

PIVOT ½ TURN, ¼ TURN, FULL TURN BACK, ROCK BACK, FORWARD

1-2-3-4 Step right forward, pivot ½ left, ¼ turn left rocking right to side, rock to left starting a full turn back right
5-6-7-8 Continue turn over right shoulder onto right, finish turn stepping left to side rock back right, forward left

HEEL BALL CROSS TWICE, 1 ¼ ROLL RIGHT

1&2-3&4 Touch right heel to side & step right next to left, cross/step left over right, repeat last 2 counts
5-6-7-8 Roll 1 & ¼ turn right stepping right-left-right-left

TOE STRUT TO SIDE TWICE, HIP ROLL

1-2-3-4 Touch right toe to side, drop heel, touch left toe to side, drop heel
5-6-7-8 Roll hips to the left for 4 counts

½ TURN, 4 X TOE STRUTS CLICKING RIGHT FINGERS

1-2-3-4 ½ turn right toe strut forward right, drop heel, repeat left toe, heel
5-6-7-8 Repeat the 2 toe struts clicking fingers of right hand on each strut

SAILOR, ¾ UNWIND, MONTEREY TURN

1&2-3-4 Right sailor step, touch left toe behind right, unwind ¾ turn left
5-6-7-8 Touch right toe to side, full turn right step right next to left, point left to side, step left next to right

½ TURN, ¼ TURN TOE STRUT, BODY ROLL

1-2-3-4 Point right to side, ½ turn right step right next to left, ¼ turn right touch left toe to side, drop heel
5-6-7-8 Full body roll using next 4 counts

ROLL FORWARD, KICK LEFT, CROSS OVER, STEP BACK, UNWIND

1-2-3-4 Rolling forward full turn left stepping right-left-right, kick left forward
5-6-7-8 Cross left over right, step back right, cross/step left over right, ½ turn unwind right

TWIST STEPS TWICE, SHUFFLES TWICE, TWIST STEPS TWICE

1-2-3&4 Step right toe forward, twist on ball of foot, repeat left toe (these are twisty walks), shuffle forward right
5&6-7-8 Shuffle forward left (the shuffles angle slightly to corners as you move forward), repeat the twisty walks

PIVOT ¼ TURNS TWICE, SAMBA'S FORWARD TWICE

- 1-2-3-4 Step right forward, pivot ¼ turn left, repeat ¼ pivot
5&6-7&8 Step right across in front of left, & step left to side, replace weight on right, (samba step), repeat left samba forward

ROLL BACK TURN, SHOULDER SHIMMIES TWICE

- 1-8 Turning back over right shoulder roll toward 5:00 stepping right-left-right, step left next to right, shimmy shoulders twice, bend knees slightly as you shimmy again twice

STEP BACK CROSS, ½ TURN, CROSS BALL JACKS TWICE

- 1-2-3-4 Step back right, cross/step left over right, step back right, ½ turn left onto left (now facing front wall)
5&6&7&8 Cross/step right over left, & step back left, right heel forward, & step right next to left, cross/step left over right, & step right back, left heel forward

& VINE RIGHT, ROLL LEFT 1 ¼, HOLD

- &1-2-3-4& Step left next to right, step right to side, step left behind right, step right to side, touch left next to right
5-6-7-8 Roll 1 & ¼ turn to left stepping left-right-left, hold

BALL JACK, FLICK, PIVOT ½, ¾ TURN, STEP ACROSS, STEP TO SIDE

- &1-2&3-4& Step back right, left heel forward, & step down left, flick right heel up, step forward right, pivot ½ turn left
5-6-7-8 Step forward right starting a ¾ turn over left shoulder, finish turn stepping left to side, cross/step right over left, step left to side

REPEAT
