

Got-Cha

拍数: 32 墙数: 2 级数: Beginner
编舞者: Heather Frye (CAN)
音乐: Lola, Lola - Ricky Martin



RIGHT STEP - LOCK, STEP LOCK STEP, WALK BACK LEFT, RIGHT, LEFT, RIGHT

1-2 Step right forward, lock left behind right
3&4 Step right forward, lock left behind right, step forward right
5-6-7-8 Walk back left, right, left, right

LEFT STEP - LOCK, STEP LOCK STEP, WALK BACK RIGHT, LEFT, RIGHT, LEFT

1-2 Step left forward, lock right behind left
3&4 Step left forward, lock right behind left, step forward left
5-6-7-8 Walk back right, left, right, left

STEP TOGETHER, STEP TOGETHER STEP (TO THE RIGHT THEN TO THE LEFT)

1-2 Small step side right, step left beside right
3&4 Small step side right, step left beside right, small step side right
5-6 Small step side left, step right beside left
7&8 Small step side left, step right beside left, small step side left

RIGHT SIDE BODY ROLL, LEFT SIDE BODY ROLL, ¼ RIGHT - TOUCH (TWICE)

1-2 Step out side right and sway shoulders right, bump hips to the right
3-4 Sway shoulders left, bump hips to the left
5-6 Turn ¼ turn right stepping onto right, touch left beside right
7-8 Turn ¼ turn right stepping onto left, touch right beside left

Continue to sway shoulders and bump hips with the music when making the two ¼ turns

REPEAT
