

Heartbreak

拍数: 32 墙数: 4 级数: Intermediate social cha
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音乐: Golpes en el Corazón - Los Tigres del Norte



SIDE, TOGETHER, SHUFFLE ¼, TURN ½, TURN ½, STEP FORWARD-TURN ½ -STEP FORWARD

1-2 Step right foot to side right, step left foot next to right foot
3&4 Step right foot to right, step left foot next to right foot, step right foot ¼ right (3:00)
5-6 Step left foot forward into ½ turn right, step right foot back into ½ turn right (still on 3:00)

Easier option: walk forward left, right

7&8 Step left foot forward, turn ½ right on ball of left foot and step right foot next to left foot, step left foot forward (9:00)

WALK, WALK, STEP-LOCK-STEP, ROCK, RECOVER & ROCK, RECOVER

9-10 Walk forward right, left
11&12 Step right foot forward-lock left foot behind right foot-step right foot forward
13-14 Rock forward on left foot, recover onto right foot
&
15-16 Rock forward on right foot, recover onto left foot (still on 9:00)

Restart will happen here on wall 7

BACK-LOCK-BACK, ROCK, RECOVER, TURN ½, TURN ½, PIVOT TURN ½

17&18 Step right foot back-cross left foot over right foot-step right foot back
19-20 Rock back on left foot, recover onto right foot
21-22 Step left foot forward into ½ turn right, step right foot back into ½ turn right (still on 9:00)

Easier option: walk forward left, right

23-24 Step left foot forward, pivot turn ½ right onto right foot (3:00)

STEP, TOUCH, STEP, TOUCH, CROSS, BACK, COASTER CROSS

25-26 Step left foot diagonally forward left, touch right toes next to left instep
27-28 Step right foot diagonally forward right, touch left toes next to right instep
29-30 Cross left foot over right foot, step right foot back
31&32 Step left foot back-step right foot next to left foot-cross left foot over right foot (still 3:00)

REPEAT

RESTART

Restart will happen once during wall 7. Dance counts 1-16 then restart. You will be on 3:00 wall when it happens