

# Heartbeat Rock

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Val Myers (UK)  
音乐: Heartbeat - Buddy Holly



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## FORWARD COASTER, HOLD, LEFT BACK LOCK STEP, HITCH

1-4            Step forward right, step left beside right, step back right, hold  
5-8            Step back left, lock right across left, step back left, hitch

## TRIPLE ¾ TURN RIGHT, HOLD, CROSS, SIDE, BEHIND, HOLD

1-4            Triple ¾ turn right, stepping - right, left, right, hold  
5-8            Cross left over right, step right to right side, cross left behind right, hold

## BEHIND, SIDE, CROSS, HOLD, BACK COASTER, HOLD

1-4            Step right behind left (with a slight sweep), step left to side, cross right over left, hold  
5-8            Step back left, step right beside left, step forward left, hold

## RIGHT SCISSOR STEP, HOLD, LEFT SCISSOR STEP WITH ¼ RIGHT, HOLD

1-4            Step right to right side, step left beside right, cross right over left, hold  
5-8            Step left to left side, step right beside left turning ¼ right, cross left over right, hold

## RIGHT LOCK STEP, ¼ TURN LEFT WITH HOOK, LEFT LOCK STEP, SCUFF

1-4            Step forward right, lock left behind right, step forward right, turn ¼ left on ball of right and hook left foot across right shin  
5-8            Step forward left, lock right behind left, step forward left, scuff right forward

## CROSS HEEL STRUT, BACK TOE STRUT, SIDE TOE STRUT, CROSS HEEL STRUT

1-2            Cross right heel forward over left, drop right toe taking weight & click right fingers  
3-4            Step left toe back, drop left heel taking weight and click left fingers  
5-6            Step right toe to right side, drop right heel taking weight and click right fingers  
7-8            Cross left heel forward over right, drop left toe taking weight and click left fingers

## BACK TOE STRUT, SIDE TOE STRUT, STEP, ½ PIVOT LEFT, STEP, HOLD

1-2            Step right toe back, drop right heel taking weight and click right fingers  
3-4            Step left toe to left side, drop left heel taking weight and click left fingers  
5-8            Step forward right, pivot ½ turn left, step forward right, hold

## STEP, HITCH, STEP BACK, HITCH, BACK COASTER, HOLD

1-2            Step forward left, hitch right  
3-4            Step back right, hitch left  
5-8            Step back left, step right beside left, step forward left, hold

**REPEAT**

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