

# Heartache Survivor

**COPPERKNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: William Sevone (UK)  
音乐: It's a Heartache - Bonnie Tyler



## ROCKS: FORWARD-BACKWARD, SHUFFLE BACKWARD, ROCKS: BACKWARD-FORWARD, SHUFFLE FORWARD

1-2            Rock forward onto right foot, rock backward onto left foot  
3&4           Step backward onto right foot, close left foot next to right, step backward onto right foot  
5-6           Rock backward onto left foot, rock forward onto right foot  
7&8           Step forward onto left foot, close right foot next to left, step forward onto left foot

## SIDE, ½ LEFT, SIDE, TRIPLE STEP FULL TURN RIGHT, SYNCOPATED WEAVE

9-10           Step right foot to right side, turn ½ left & step left foot to left side  
11&12        Moving right: triple step full turn right stepping - right, left-right  
13-14        Cross step left foot over right, step right foot to right side  
15&16        Step left foot behind right, step right foot to right side, cross step left foot over right

## ROCKS: FORWARD-BACKWARD, SHUFFLE BACKWARD, ROCKS: BACKWARD-FORWARD, SHUFFLE FORWARD

17-24        Repeat counts 1-8

## SIDE, ½ LEFT, SIDE, TRIPLE STEP FULL TURN RIGHT, SYNCOPATED WEAVE

25-32        Repeat counts 9-16

## SIDE TOUCH, ¼ LEFT, FORWARD, SHUFFLE FORWARD, FORWARD, ½ LEFT, BACKWARD, SHUFFLE BACKWARD

33-34        Touch / point right foot to right side, turn ¼ left & step forward onto right foot  
35&36        Step forward onto left foot, close right foot next to left, step forward onto left foot  
37-38        Step forward onto right foot, turn ½ left & step backward onto left foot  
39&40        Step backward onto right foot, close left foot next to right, step backward onto right foot

## BACKWARD, PIVOT ½ LEFT, SHUFFLE BACKWARD, BACKWARD, ½ LEFT FORWARD, SHUFFLE FORWARD

41-42        Step backward onto ball of left foot, pivot ½ left & drop left heel to floor, (weight ending on right foot)  
43&44        Step backward onto left foot, close right foot next to left, step backward onto left foot  
45-46        Step backward onto right foot, turn ½ left & step forward onto left foot  
47&48        Step forward onto right foot, close left foot next to right, step forward onto right foot

## ROCKS: FORWARD-BACKWARD, ¼ LEFT COASTER STEP, 2X SIDE ROCK, CROSS SHUFFLE

49-50        Rock forward onto left foot, rock backward onto right foot  
51&52        Turn ¼ left & step backward onto left foot, step right foot next to left, step forward onto left foot  
53-54        Rock right foot to right side, rock onto left foot  
55&56        Cross step right foot over left, step left behind right, cross step right foot over left

## 2X SIDE ROCKS-CROSS SHUFFLE, SIDE ROCKS, ¼ LEFT TOE TOUCH

57-58        Rock left foot to left side, rock onto right foot  
59&60        Cross step left foot over right, step right foot behind left, cross step left foot over right  
61-62        Rock right foot to right side, rock onto left foot  
62&64        Rock onto right foot, rock onto left foot, turn ¼ left & touch right toe to floor

## REPEAT

### TAG

#### After the 2nd and 4th walls when dancing to "It's A Heartache"

- 1-2 Step right foot to right side, step left foot behind right
- 3&4 Step right foot to right side, cross step left foot over right, step right foot to right side
- 5-6 Turn  $\frac{1}{4}$  left & step left foot to left side, step right foot behind left
- 7&8 Step left foot to left side, cross step right foot over left, step left foot to left side
- 9-10 Turn  $\frac{3}{4}$  left & step right foot to right side, step left foot behind right

#### Option:

- 9-10 Turn  $\frac{1}{4}$  right & step right foot to right side, step left foot behind right
  - 11&12 Step right foot to right side, cross step left foot over right, step right foot to right side
  - 13-14 Turn  $\frac{1}{4}$  right & step left foot to left side, step right foot behind left
  - 15&16 Step left foot to left side, cross step right foot over left, step left foot to left side & turn  $\frac{1}{4}$  right
-