

Heartache Is Over

COPPER KNOB
BY STEPHEN SUNTER

拍数: 32 墙数: 4 级数: Improver
编舞者: Stephen Sunter (UK)
音乐: When the Heartache Is Over - Tina Turner



SKATE, SKATE, SIDE SHUFFLE, SKATE, SKATE, SIDE SHUFFLE

1-2 Skate right, skate left
3&4 Side shuffle right on - right, left, right
5-6 Skate left, skate right
7&8 Side shuffle with a $\frac{1}{4}$ turn left on - left, right, left

STEP, PIVOT $\frac{3}{4}$, SIDE STEP, STEP BEHIND, POINT FULL TURN, POINT, TOUCH

9-10 Step forward right, pivot $\frac{3}{4}$ turn left
11-12 Step right to side, step left behind right
13-14 Point right to right side, full turn on ball of left foot and step right next to left
15-16 Point left to left side, touch left next to right

LEFT, TURN $\frac{1}{4}$ POINT, TURN $\frac{1}{4}$ STEP, TURN $\frac{1}{2}$ POINT BACK, STEP, TURN $\frac{1}{2}$ TOUCH FORWARD, WALK BACK

17-18 Step forward left, make a $\frac{1}{4}$ turn left and touch right to side
19-20 Make a $\frac{1}{4}$ turn right and step forward right, make $\frac{1}{2}$ turn right and touch left toe back and push hip back
21-22 Step down onto left foot, make $\frac{1}{2}$ turn right and touch right toe forward and push hip forward
23-24 Walk back right, left

RIGHT COASTER STEP, SIDE ROCK $\frac{1}{4}$ TURN, ONE & HALF PADDLE TURNS

25&26 Step back right, step left next to right, step forward right
27-28 Rock out to left on left foot, make a $\frac{1}{4}$ turn right replace weight to right foot
29-30-31 On ball of right foot make one and a half turns right pointing the hitching left slightly
32 On finishing the final turn step left next to right with weight

REPEAT

RESTART

Wall 4, on count 16 place weight onto left foot and begin dance again from start
