

编舞者: Steve Mason (UK)

音乐: Heartache - Suzy Bogguss



Start on word "heartache" as the beat kicks in 33 seconds into the track

FORWARD, ½ TURN LEFT, TOGETHER, BASIC WALTZ BACK, FORWARD ½ TURN LEFT, ¼ TURN LEFT BASIC WALTZ BACK

1-3	Step forward on left foot, ½ turn left stepping on to right foot, step together with left foot
4-6	Step back on right foot, step back on left foot, step together with right foot
7-9	Step forward on left foot, ½ turn left stepping on to right foot, step together with left foot
10-12	1/4 turn left step back on right foot, step back on left foot, step together with right foot

FORWARD, FORWARD, ½ PIVOT, TWINKLE ½ TURN, CROSS, RECOVER, SIDE, LEFT WEAVE

13-15	Step forward on left foot, step forward on right foot, pivot ½ turn left
16-18	Cross step right foot over left foot, ½ turn right stepping on to left foot, step right foot to right side
19-21	Cross rock step left foot over right foot, recover weight to right foot, step left foot to left side
22-24	Cross step right foot over left foot, step left foot to left side, cross step right foot behind left foot

$rac{1}{4}$ TURN LEFT FORWARD, FORWARD, $rac{1}{2}$ PIVOT, TWINKLE $rac{1}{2}$ TURN, CROSS, RECOVER, SIDE TWINKLE $rac{3}{4}$ TURN

25-27	$\frac{1}{4}$ turn left stepping forward on to left foot, step forward on right foot, pivot $\frac{1}{2}$ turn left
28-30	Cross step right foot over left foot, ½ turn right stepping on to left foot, step right foot to right
	side
31-33	Cross rock step left foot over right foot, recover weight to right foot, step left foot to left side
34-36	Cross step right foot over left foot, ½ turn right stepping on to left foot, ¼ turn right stepping
	forward on to right

RASIC WALTZ TO LEET CORNER 1/2 RASIC WALTZ BACK TO RIGHT CORNER REPEAT

BASIC WALTZ TO LEFT CORNER, 1/2 BASIC WALTZ BACK TO RIGHT CORNER, REPEAT		
37-39	Step diagonally forward to left corner on left foot (1:00) step forward on right foot, step together with left foot	
40-42	Step back diagonally to right corner on right foot (4:00) step back on left foot, step together with right foot	
43-45	Step diagonally forward to left corner on left foot (7:00) step forward on right foot, step together with left foot	
46-48	Step back on right foot squaring to side wall (9:00) step back on left foot, step together with right foot	

REPEAT

TAG

At the end of the very first wall only, add the following 6 counts

49-51	Step diagonally forward to left corner on left foot (10:00) step forward on right foot, step
	together with left foot
52-54	Step back on right foot squaring to side wall (12:00) step back on left foot, step together with right foot

You will end up facing the front 12:00 wall to start again Finish the dance at the front on count 19 - cross rock