## Heart Of Gold



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Noel Bradey (AUS)

音乐: Yes I Was - Chalee Tennison



## With assistance from Peter Fry

1-4	Step forward right, step forward left, pivot turn ½ turn right (end weight on right), step forward left
5-8	Rock/step right to right side, replace weight to left, cross/step right over left, hold
1-4	Step forward left turning ¼ turn left, rock back on right, cross/step left back over right, step back on right
5-6	Touch left straight back, reverse pivot turn ½ turn left (end weight on left)
7-8	Step back on right, cross/step left back over right
1-2	Turn ¼ turn left stepping back on right, turn ½ turn left stepping forward on left
3-6	Step right to right side, cross/step left behind right, step right to right side, cross/step left over right
7-8	Turn ¼ turn left stepping back on right, turn ¼ turn left stepping forward on left
1-4	Step right to right side, cross/step left behind right, step right to right side cross/step left over right
5-6	Touch right toe to right side, turn 3/4 turn right dragging right toe to beside left (weight on right)
7-8	Touch left to left side, cross/step left over right
1-2	Step right to right side, cross/step left behind right
3-4	Turn $\frac{1}{4}$ turn right stepping forward on right, turn $\frac{1}{2}$ turn right on ball of right (left will be off the floor with knee slightly bent)
5-6	Rock/step forward on left, replace weight to right
&7-8	Step on ball of left to left side, step on right to right side, drag left to touch beside right
&	Turn ¼ turn left stepping forward on left
1-2	Step forward on right starting a full turn left, complete full turn left on ball of right while hitching left
3&4	Shuffle forward left-right-left
5-6	Step forward right, pivot turn ½ turn left (weight on left)
7&8	Scuff right forward, step on ball of right to right side, cross/step left over right
&1	Step on ball of right to right side, cross/step left over right
2-4	Rock/step right to right side, replace weight onto left starting a ¾ turn right, step forward on right completing the turn
5-6	Rock/step forward on left, replace weight back onto right
7&8	Step back on left, step on right beside left, step forward on left
1-2	Step forward on right, pivot turn ½ turn left (weight on left)
3-4	(Traveling forward) turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left
5-6	Rock/step forward on right, replace weight back on left
&7-8	Step on ball of right to right side, step on left in place, slide/touch right beside left

## **REPEAT**

## **RESTARTS**

Wall 3: only dance to count 16. Start wall 4 with a 1/4 turn right to step forward (you will be facing 12:00) Wall 6: only dance to count 24 before restarting on wall 7 (you will be facing 6:00)