Heart Full Of Soul



编舞者: Charles Thornhill (UK)

音乐: Heart Full of Soul - Chris Isaak



This is an easier version of my intermediate/advanced dance called "Scarecrow"

STEP-TOUCHES RIGHT & LEFT & RIGHT, "BUTTERFLY" TURN

1	Touch right out to right
&	Step right next to left
2	Touch left out to left
&	Step left next to right
3	Touch right out to right
4	Touch right next to left
5	Touch right out to right side and push off right making
&	1/8 turn to left shifting weight onto left
6	Touch right out to right side and push off right making
&	1/8 turn to left shifting weight onto left
7	Touch right out to right side and push off right making
&	1/8 turn to left shifting weight onto left
8	Touch right out to right side and push off right making

1/8 turn to left shifting weight onto left (now completed ½ turn)

GRAPEVINE RIGHT, BRUSH, GRAPEVINE LEFT, BRUSH

9	Step right to right
10	Step left behind right
11	Step right to right
12	Brush left next to right
13	Step left to left
14	Step right behind left
15	Step left to left
16	Brush right next to left

SYNCOPATED STEPS FORWARD & BACK, STOMP & HOLD

&	Step forward on ball of right
17	Step ball of left next to right
18	Clap
&	Step backward on ball of right
19	Step ball of left next to right
20	Clap
21	Stomp right forward
22-24	Hold (optional raise of arms over the three beats)

PIVOT TURNS, GRAPEVINE LEFT WITH 1/4 TURN, TOUCH

25	Step left forward
26	Pivot turn ½ to right
27	Step left forward
28	Pivot turn ½ to right
29	Step left to left
30	Step right behind left

31 Step left to left with ¼ turn to the left

"OIL-SLICK" SLIDES

29	Slide right foot diagonally	forward to right
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30 Slide left next to right

31 Slide left to left

32 Slide right next to left

33 Slide right foot diagonally backward to right

34 Slide left next to right

35 Stomp right 36 Stomp left

(Feet remain in contact with floor when sliding 29-34)

REPEAT

If you cannot slide the Oil-Slick steps, just perform them as step & touches:

29 Step right foot diagonally forward to right

30 Touch left next to right

31 Step left to left

32 Touch right next to left

33 Step right foot diagonally backward to right

34 Step left next to right