

Heart Full Of Soul

拍数: 36 墙数: 4 级数: Improver
编舞者: Charles Thornhill (UK)
音乐: Heart Full of Soul - Chris Isaak



This is an easier version of my intermediate/advanced dance called "Scarecrow"

STEP-TOUCHES RIGHT & LEFT & RIGHT, "BUTTERFLY" TURN

1 Touch right out to right
& Step right next to left
2 Touch left out to left
& Step left next to right
3 Touch right out to right
4 Touch right next to left
5 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left
6 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left
7 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left
8 Touch right out to right side and push off right making
& 1/8 turn to left shifting weight onto left (now completed 1/2 turn)

GRAPEVINE RIGHT, BRUSH, GRAPEVINE LEFT, BRUSH

9 Step right to right
10 Step left behind right
11 Step right to right
12 Brush left next to right
13 Step left to left
14 Step right behind left
15 Step left to left
16 Brush right next to left

SYNCOPATED STEPS FORWARD & BACK, STOMP & HOLD

& Step forward on ball of right
17 Step ball of left next to right
18 Clap
& Step backward on ball of right
19 Step ball of left next to right
20 Clap
21 Stomp right forward
22-24 Hold (optional raise of arms over the three beats)

PIVOT TURNS, GRAPEVINE LEFT WITH 1/4 TURN, TOUCH

25 Step left forward
26 Pivot turn 1/2 to right
27 Step left forward
28 Pivot turn 1/2 to right
29 Step left to left
30 Step right behind left
31 Step left to left with 1/4 turn to the left

28 Touch right next to left

"OIL-SLICK" SLIDES

- 29 Slide right foot diagonally forward to right
- 30 Slide left next to right
- 31 Slide left to left
- 32 Slide right next to left
- 33 Slide right foot diagonally backward to right
- 34 Slide left next to right
- 35 Stomp right
- 36 Stomp left

(Feet remain in contact with floor when sliding 29-34)

REPEAT

If you cannot slide the Oil-Slick steps, just perform them as step & touches:

- 29 Step right foot diagonally forward to right
 - 30 Touch left next to right
 - 31 Step left to left
 - 32 Touch right next to left
 - 33 Step right foot diagonally backward to right
 - 34 Step left next to right
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