

Heart Block

拍数: 64 墙数: 2 级数: Improver
编舞者: Jan Wyllie (AUS)
音乐: My Heart Won't Let You Leave My Mind - Jake Mathews



The dance starts on the 2nd beat. He sings "My heart won't let you", and you start dancing immediately on the word 'heart'

SIDE ROCK RETURN, STEP SCUFF, STEP SCUFF, STEP SCUFF

1-2-3-4 Rock/step right to right, rock/return weight sideways onto left, step right forward over left, scuff left forward
5-6-7-8 Step left forward over right, scuff right forward, step right forward over left, scuff left forward

WEAVE RIGHT FOR 6 COUNTS, ROCK RETURN

9-14 Weave to right stepping left, right, left, right, left, right
15-16 Rock/step left behind right, rock forward on right

¼ SHUFFLE, ½ TOE STRUT, ROCK RETURN, ¼ TURN TAP

17&18 Making ¼ right shuffle back left, right, left
19-20 Making ½ right toe strut forward on right
21-22 Rock/step forward on left, rock back on right
23-24 Making ¼ left step left to left side, tap right beside left

Restart here on wall 4

SIDE STEP STOMP/CLAP, SIDE STEP STOMP/CLAP, ROCK RETURN, STEP SCUFF

25-26 Step right to right, stomp left beside right and clap
27-28 Step left to left, stomp right beside left and clap
29-30-31-32 Rock/step back on right, rock forward on left, step forward on right, scuff left forward

DIAGONAL SHUFFLE, SIDE ROCK RETURN, DIAGONAL SHUFFLE, SIDE ROCK RETURN

33&34-35-36 Shuffle towards right diagonal stepping left, right, left, rock/step right to right, rock/return weight to left
37&38-39-40 Shuffle towards left diagonal stepping right, left, right, rock/step left to left, rock/return weight to right

ROCK RETURN, STEP BACK TOGETHER, ROCK RETURN, STEP BACK TOGETHER

41-42-43-44 Rock/step forward on left, rock back on right, step back on left, step right beside left
45-46-47-48 Rock/step forward on left, rock back on right, step back on left, step right beside left

STOMP FORWARD HOLD, STEP PIVOT ¼, STOMP FORWARD HOLD, STEP PIVOT ½

49-50-51-52 Stomp forward on left, hold, step forward on right, pivot ¼ left transferring weight to left
53-54-55-56 Stomp forward on right, hold, step forward on left, pivot ½ right transferring weight to right

STOMP FORWARD HOLD, STEP PIVOT ¼, SHUFFLE FORWARD, STEP SCUFF

57-58-59-60 Stomp forward on left, hold, step forward on right, pivot ¼ left transferring weight to left
61&62-63-64 Shuffle forward right, left, right, step forward on right, scuff left forward

REPEAT

RESTART

Restart on wall 4 after count 24

