

# Heart Ache

**COPPER** KNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Maggie Gallagher (UK)  
音乐: It's a Heartache - Trick Pony



**Very Short Intro: Start on Main Vocals after 5 seconds, when she starts to sing the word "Heartache" for the second time.**

## **CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE**

1-2            Cross rock right over left, recover onto left (12:00)  
3&4           Step right to right side, step left beside right, step right to right side  
5-6           Cross rock left over right, recover onto right  
7&8           Step left to left side, step right beside left, step right to right side

## **RIGHT CROSS, LEFT TAP, STEP BACK, ¼ RIGHT, WEAVE RIGHT**

1-2            Cross right over left, tap left toe behind right  
3-4            Step back onto left, make ¼ turn right stepping right to right side (3:00)  
5-6            Cross left over right, step right to right side  
7-8            Cross left behind right, step right to right side

## **LEFT TOUCH, HOLD & HIGH CLICKS, STEP & CROSS, HOLD & LOW CLICKS, VINE LEFT, RIGHT BRUSH**

1-2            Touch left beside right, hold while snapping fingers at high level  
&3            Step weight onto left, cross right over left  
4            Hold while lowering arms and snapping fingers  
5-6            Step left to left side, cross right behind left  
7-8            Step left to left side, brush right forward

## **RIGHT STEP, LEFT BRUSH, ROCK, RECOVER, ½ SHUFFLE TURN LEFT, STEP, ½ PIVOT LEFT**

1-2            Step onto right, brush left forward  
3-4            Rock forward onto left, recover onto right  
5&6            ¼ turn left stepping left to left side, close right beside left, ¼ turn left stepping forward on left (9:00)  
7-8            Step forward on right, ½ pivot turn left (3:00)

**REPEAT**

---