

# Healy's Hornpipe

COPPERKNOB  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Improver  
编舞者: Maggie Gallagher (UK)  
音乐: Dance of Love - Ronan Hardiman



## CROSS ROCK, STEP, CROSS, STEP, STEP, ROCKS, ¼ TURN, SHUFFLE RIGHT-LEFT-RIGHT

1-2      Cross rock right over left. Rock back onto left  
&3      Step to right side, cross left over right  
4      Step right to right side  
&5      Step left next to right, rock right to right side  
6      Rock left to left side in place  
7      ¼ turn right, step right forward  
&8      Step left in place, step right forward

## SCUFF, STOMP, ¼ TURN RIGHT, SCUFF, STOMP, SAILOR SHUFFLE, TOE, HOLD

9-10      Scuff left forward, stomp left forward  
11-12      ¼ right, scuff right forward, stomp right forward  
13&      Cross left behind right, step right to right side  
14      Step left in place  
15      Touch right toe behind left (weight on left)  
16      Hold

**Arms: left arm to diagonally point down to left side. Right elbow bent, arm to left side, pointing downwards as well. This lasts for a count of four**

**Should now be facing back wall**

## STOMP RIGHT, STOMP LEFT, HEELS OUT, IN, OUT, IN

17-18      Stomp right keeping it behind left. Stomp left foot in front of right  
&19      Bring heels out to side, then back in  
&20      Bring heels out to side, then back in

**Left foot should still be in front to right**

## ¼ RIGHT, STOMP RIGHT IN FRONT OF LEFT, STOMP LEFT BEHIND RIGHT, HEELS OUT, IN, OUT, IN

21      ¼ turning right, stomp right in front of left

**Right arm to diagonally point down to right side. Left elbow bent, arms to right side pointing downwards as well**

22      Stomp left behind right  
&23      Bring heels out to side, then back in  
&24      Repeat, bring heels out to side, then back in

**Right should now be in front of left**

## RUNNING STEP BALLS ON RIGHT (LIKE IN DANCING VIOLINS)

25      Step forward on right  
&      Step on ball of left behind right  
26&      Step forward on right, step on ball of left behind right  
27&      Step forward on right, step on ball of left behind right  
28      Step forward on right

## ½ TURN RIGHT, RONDE LEFT ROUND, SHUFFLE LEFT FORWARD

29-30      Ronde left foot around ½ turning right at same time  
31&32      Step forward left, step right in place, step forward left

**REPEAT**

