

Head Over Heels

拍数: 32 墙数: 4 级数: Improver
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音乐: What Happened - Redfern & Crookes



ROCK STEPS, RIGHT SHUFFLE FORWARD, ¼ TURN RIGHT, CROSS SHUFFLE

1-2 Rock back onto right, rock forward onto left
3&4 Step forward right, close left beside right, step forward right
5-6 Step forward left, pivot ¼ turn right, taking weight onto right
7&8 Cross left over right, step right to right side, cross left over right

POINT, 1/8 TURN (TWICE), ROCK RECOVER, TRIPLE STEP

9-10 Point right toe forward, pivot 1/8 turn to left (weight on left)
11-12 Point right toe forward, pivot 1/8 turn to left (you have completed ¼ turn left)
13-14 Cross rock right over left, rock back onto left
15&16 Triple step in place, stepping - right, left, right

STEP ½ PIVOT RIGHT, FORWARD STEPS, LEFT SIDE SHUFFLE, ROCK STEPS

17-18 Step forward left, pivot ½ turn right
19-20 Walk forward stepping left then right (moving hips with attitude)
21&22 Step left to left side, close right next to left, step left to left side
23-24 Rock back on right, rock forward onto left

MONTEREY ½ TURN RIGHT, ¼ TURN LEFT, ROCK STEPS

25 Touch right to right side
26 On ball of left make ½ turn right, stepping right beside left
27-28 Touch left to left side, step left beside right (weight onto left)
29-30 Step forward right, pivot ¼ turn left, taking weight on left
31-32 Rock forward onto right, recover weight back onto left

REPEAT
