

# Head Over Heels

拍数: 56      墙数: 2      级数: Improver  
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音乐: Head Over Heels - ABBA



## WALK, WALK, KICK-BALL-CHANGE, PIVOT ½, KICK-BALL-CHANGE

1-2      Step right forward, step left forward  
3&4      Right kick ball change  
5-6      Step right forward, turn ½ left (weight to left, 6:00)  
7&8      Right kick ball change

## ROCK, RECOVER, COASTER-STEP, TOE-STRUT, TOE-STRUT

1-2      Rock right forward, recover to left  
3&4      Coaster step right, left, right  
5-6      Step left toe forward, drop left heel  
7-8      Step right toe forward, drop right heel

## ROCK, RECOVER, SHUFFLE ½, PIVOT ¼, CROSS-SHUFFLE

1-2      Rock left forward, recover to right  
3&4      Triple in place turning ½ left and step left, right, left (12:00)  
5-6      Step right forward, turn ¼ left (weight to left, 9:00)  
7&8      Crossing shuffle right, left, right

## ROCK, RECOVER, WEAVE, ROCK, RECOVER, WEAVE

1-2      Rock left to side, recover to right  
3&4      Cross left behind right, step right to side, cross left over right  
5-6      Rock right to side, recover to left  
7&8      Cross right behind left, step left to side, cross right over left

## MAMBO, MAMBO, ROCK, RECOVER, SHUFFLE ½

1&2      Rock left to side, recover to right, step left in place  
3&4      Rock right to side, recover to left, step right in place  
5-6      Rock left forward, recover to right  
7&8      Triple in lace turning ½ left and step left, right, left (3:00)

## ROCK, RECOVER, SHUFFLE ½, PIVOT ½, KICK-BALL-CHANGE

1-2      Rock right forward, recover to left  
3&4      Triple in place turning ½ right and step right, left, right (9:00)  
5-6      Step left forward, turn ½ right (weight to right, 3:00)  
7&8      Left kick ball change

## PIVOT ¼, KICK-BALL-CHANGE, ROCK, RECOVER, COASTER-STEP

1-2      Step left forward, turn ¼ right (weight to right, 6:00)  
3&4      Left kick ball change  
5-6      Rock left forward, recover to right  
7&8      Coaster step left, right, left

## REPEAT

## RESTART

Facing back wall on wall 3, dance up to count 14 (left toe-heel strut), then add:  
15-16      Step right forward, turn ½ left (weight to left, 12:00)

**Then start dance again**

**Facing front wall on wall 6, dance up to count 4 (right kick-ball-change), then add:**

5-8                    Step right forward, turn ½ left (weight to left, 6:00), step right forward, turn ½ left (weight to left, 12:00)

**Then start dance again**

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