

# He Cheats

拍数: 32      墙数: 4      级数: Improver mambo  
编舞者: Linda Jroski (USA)  
音乐: Before He Cheats - Carrie Underwood



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|-----|--|
| 1&2 | Rock right to side, recover on left, cross right over left                       |
| 3&4 | Rock left to side, recover on right, cross left over right                       |
| 5&6 | Step right to side, cross left behind right, turn ¼ right and step right forward |
| 7&8 | Step left to side, step right together, step left to side                        |
|     |  |
| 1&2 | Kick right forward, step right together, step left in place                      |
| 3&4 | Step right back, step left together, step right back                             |
| 5&6 | Step left back, step right together, step left forward                           |
| 7-8 | Step right forward, turn ½ left (weight to left)                                 |
|     |  |
| 1-2 | Touch right toe to side, cross right behind left                                 |
| 3-4 | Touch left toe to side, cross left behind right                                  |
| 5-6 | Touch right toe to side, cross right behind left                                 |
| 7&8 | Step left forward, step right together, step left forward                        |
|     |  |
| 1-2 | Step right forward, turn ½ left (weight to left)                                 |
| 3&4 | Rock right forward, recover on left, step right together                         |
| 5&6 | Rock left forward, recover on right, step left together                          |
| 7-8 | Sway hips right, sway hips left  |

**REPEAT**

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