

# Hay

拍数: 48      墙数: 4      级数: Improver  
编舞者: Duncan Taylor (CAN)  
音乐: I'm from the Country - Tracy Byrd



## ELECTRIC SLIDE RIGHT & LEFT SLIDE

1&2      Step right to right side, step left to right, step right to right,  
&3-4      Step left to right, step right to right, touch left to right (clap optional)  
5&6      Step left to left side, step right to left, step left to left,  
&7-8      Step right to left, step left to left, touch right to left (clap optional)

## HAT DANCE & HIP BUMPS

9&10      Touch right heel forward, step home right, touch left heel forward,  
&11-12      Step home left, touch right heel forward, clap.  
13-16      Bump hips 2 times to the right, bump hips 2 times to the left (weight on left)

## SHUFFLES FORWARD & STEP PIVOTS

17&18      Shuffle forward right-left-right  
19-20      Step forward left, ½ pivot right  
21&22      Shuffle forward left-right-left  
23-24      Step forward right, ¼ pivot left

## KICK BALL CHANGE, STEP FORWARD, HOLD

25&26      Kick right foot forward, quickly step ball of right home, shift weight to left foot,  
27-28      Step forward right, hold & clap  
29&30      Kick left foot forward, quickly step ball of left home, shift weight to right foot  
31-32      Step forward left, hold & clap

## SIDE SHUFFLES & ROCK STEPS

33&34      Shuffle side right-left-right  
35-36      Rock back left, right in place  
37&38      Shuffle side left-right-left  
39-40      Rock back right, left in place

## STEP TOUCHES, STEP HITCH

41-42      Step right foot forward 45 to right, touch left to right (clap)  
43-44      Step left foot back 45 to left, hitch right (clap)  
45-46      Step right foot back 45 to right, touch left to right (clap)  
47-48      Step left foot forward 45 to left, hitch right (clap)

## REPEAT

Because of the phrasing of the music, repeat the last 8 counts of the dance at the end of wall 7.

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