Hawaiian Hustle



拍数: 64 墙数: 0 级数:

编舞者: Sue Shotwell

音乐: Early In The Morning - Hank Williams Jr.



POINT, TOGETHER, STEP SLIDES

1-2 Point right foot front, bring it back next to left foot.

Right step right
Slide left to right
Right step right
Slide left to right
Right step right

8 Slide left to right (keeping weight on right foot on last step slide)

POINT LEFT, TOGETHER, FRONT, TOGETHER

1 Point left foot left

2 Bring it back next to right

3 Point left front

4 Bring it back next to right

HIP PUSHES

5 Point left behind & at 45 degree angle & push hip back

Push hip forwardPush hip backPush hip forward

Arms extended to side front and push out when hip goes back, and pull arms in a little as hip comes forward. This move is at a 45 degree angle

VINE LEFT, VINE RIGHT

1	Step left to the left
2	Cross right behind left
3	Step left to the left

4 Scoot right while turning ½ turn left

Step right to the right
Cross left behind right
Step right to the right

8 Step left foot across in front of right (end with weight on left)

POINT RIGHT, TOGETHER, LEFT, TOGETHER

Point right to right side
Return right together
Point left to left side
Return left together

HEEL TWISTS

5-8 With weight on balls of feet twist both heels right, center, left, center

KICK-BALL-CHANGE, CROSS, TURN HOLD

1&2 Kick right foot front; step on ball of right foot next to left while slightly lifting left foot; replace

left next to right

3&4 Kick right foot front; step on ball of right foot next to left while slightly lifting left foot; replace

left next to right

KICK-BALL-CHANGE, CROSS, TURN, HOLD

1&2	Kick right foot front; step on ball of right foot next to left while slightly lifting left foot; replace

left next to right

3&4 Kick right foot front; step on ball of right foot next to left while slightly lifting left foot; replace

left next to right

5-8 Cross right over left and turn on balls of feet ½ to left, heels down on 7, hold count 8

TOE, HEEL, TOE HEEL-DOWN, DOWN, DOWN, UP, UP

1-4 Right toe, heel down, left toe, heel down, 5-8 Right step, left step, right step, left step

Steps are in place, bending knees and going down, down for counts 1, 2 3, 4, then coming up, up for 5 6, 7, 8.3

STEP SLIDE

1	Right step right
2	Slide left next to right
3	Right step right
4	Slide left next to right
5	Left step left
6	Slide right next to left
7	Left step left
8	Slide right next to left

REPEAT