Have I Told You Lately?



拍数: 32 墙数: 2 级数: Improver nightclub

编舞者: John "Grrowler" Rowell (UK)

音乐: Have I Told You Lately That I Love You? - Van Morrison



Start on word told in "Have I told you"

SIDE-ROCK & SIDE, CROSS & TURN, SWAY LEFT-RIGHT-TOGETHER, STEP-LOCK-STEP

1-2& Long step left to left, rock right behind left, recover on left3-4& Step right to right, cross left over right, step right to right

5 Turn ¼ turn left and step back left (9:00)

Sway hips to left

6 Step right back and to right

Sway hips right

7 Step left next to right

8&1 Step right forward, lock left behind right, step right forward

CROSS & SIDE, CROSS & 1/4 TURN, 1/4 TURN-SIDE-ROCK & SIDE

2&3 Cross rock left over right, recover on right, step left to left

4&5 Cross rock right over left, recover on left, turn ½ turn right and step right foot to side (12:00)

Turn ¼ turn right and step left to left side (3:00)
Long step right to right dragging left towards right

8&1 Rock left behind right, recover on right, long step left to left

ROCK & SIDE, FULL TURN & WALK, WALK-ROCK & ½ TURN, STEP-½

2&3 Rock right behind left, recover on left, long step right to right

4&5 Cross left over right, unwind full turn right, step forward left crossing over right

6-7& Step forward right crossing over left, rock forward left, recover on right

8& Turn ½ turn left and step left forward, step right forward (9:00)

1 Turn ½ turn left (weight to left) (3:00)

ROCK & ½ TURN, ½ TURN-¼ TURN-CROSS, ROCK & CROSS, ¼ TURN-¼ TURN-½ TURN-SIDE

2&3 Rock forward right, recover left, turn ½ turn right and step right forward (9:00)

4 Turn ½ turn right and step back on left (3:00)

&5 Turn ½ turn right and step right to right, cross left over right (6:00)

6&7 Rock right to right, recover left, cross right over left

Turn ¼ right and step back on left (9:00)
Turn ¼ right and step right to right (12:00)
Turn ½ right and step left long step to left (6:00)

Count 1 is the beginning of the dance again. Continue from count 2

REPEAT