

Haunt My Dreams

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pauline Henderson (UK)
音乐: Photographs - Dixon J. Scott



HIP BUMPS RIGHT & LEFT

1-2 Step forward slightly on right foot bumping hips forward right, bump hips back left
3&4 Bump hips forward right, back left, forward right
5-6 Step forward slightly on left foot bumping hips forward left, bump hips back right
7&8 Bump hips forward left, back right, forward left

STEP PIVOT ½ TURN LEFT, SHUFFLE ½ TURN LEFT, ROCK STEP, SHUFFLE FORWARD. 9-10 STEP FORWARD ON RIGHT FOOT, PIVOT ½ TURN LEFT

11&12 Shuffle ½ turn to the left on right-left-right
13-14 Rock back on left foot, rock forward onto right
15&16 Step forward on left foot, close right beside left, step forward left

Option: if you don't like turning, on counts 9-12 just rock forward right, rock back left, shuffle back right

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, TOE STRUTS

17-18 Rock right foot out to right side, rock weight onto left foot in place
19&20 Cross right foot over left, step left foot small step to the left, cross right foot over left
21-22 Rock left foot out to left side, rock weight onto right foot in place
23-24 Cross left toe over right foot, drop left heel taking weight
25-26 Step right toe to right side, drop right heel taking weight

ROCK BACK, LEFT CHASSE WITH ¼ TURN LEFT, STEP PIVOT ½ TURN LEFT

27-28 Rock left foot behind right, rock forward onto right foot
29&30 Step left to left side, close right foot beside left, step left to left side making ¼ turn left
31-32 Step forward on right foot, pivot ½ turn left

REPEAT
