

Harmony Man

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 1 级数: Improver
编舞者: Mel Fisher (UK)
音乐: Harmony Man - Billy Yates



WALK RIGHT, HOLD, LEFT, HOLD, STEP ½ PIVOT LEFT, STEP, HOLD

1-4 Walk forward right, hold, walk forward left, hold
4-8 Step forward on right, pivot ½ turn left putting weight on left, step forward on right, hold

EXTENDED WEAVE RIGHT, TURN ¼ TURN LEFT STEP, BACK, STEP FORWARD

1-2 Cross left over right, step right to right side
3-4 Step left behind right step right to right side
5-6 Cross left over right, step right to right side
7-8 Turn ¼ turn left stepping back on left, step forward on right

WALK LEFT, HOLD, RIGHT, HOLD, STEP ½ PIVOT RIGHT, STEP, HOLD

1-4 Walk forward on left, hold, right, hold
7-8 Step forward on left, pivot ½ turn right putting weight on right, step forward on left, hold

EXTENDED WEAVE LEFT, TURN ¼ TURN RIGHT, STEP BACK, STEP FORWARD

1-2 Cross right over left, step left to left side
3-4 Step right behind left step left to left side
5-6 Cross right over left, step left to left side
7-8 Turn ¼ turn right stepping back on right, step forward on left

RIGHT & LEFT HEEL SWITCHES, ¼ TURN LEFT, RIGHT HEEL SWITCH

1-2 Touch right heel forward step right beside left
3-4 Touch left heel forward step left beside right
5-6 Step forward on right turn ¼ turn left putting weight onto left
7-8 Touch right heel forward, step right beside left

LEFT SIDE STRUT, RIGHT CROSS STRUT, STEP ¼ TURN RIGHT, STEP FORWARD, HOLD

1-2 Touch left toe to left side, step down on left heel
3-4 Cross right toe over left foot, step down on right heel
5-6 Step to side with left, turn ¼ turn right stepping forward on right
7-8 Step forward on left, hold

RIGHT SIDE ROCK CROSS, HOLD, LEFT SIDE ROCK CROSS, HOLD

1-4 Step right to right side, step left in place, cross right over left, hold
5-8 Step left to left side, step right in place, cross left over right, hold

HEEL JACK, HOLD, STEP TOGETHER, CROSS, STEP BACK

1-2 Step right to right side, step left behind right (angling body to left diagonal)
3-4 Step right beside left, touch right heel forward
5-6 Hold, step left beside right
7-8 Cross right over left, step back on left (straightening up to front)

REPEAT

RESTART

On 4th wall, dance first two sets of eight and then

1-4 Walk left, hold, right, hold

5-8 Rock forward on left, rock back onto right, turn $\frac{1}{4}$ turn left, stepping forward on left

And start the dance again

Dedicated to K8 and all my friends who do a different dance on another wall
