

Harmony (L/P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 1 级数: Improver line/partner dance
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: The Lady In Red - Chris de Burgh



Position: Start facing partner in open double hand hold, man facing OLOD, lady on opposite steps
When dancing 'harmony' as a line dance, use the man's steps with an option of full turn on all chasses

SIDE, TOUCH, SIDE, TOUCH, TURN SHUFFLE, STEP, PIVOT TURN

1-2 Step right to right, touch left beside right
3-4 Step left to left, touch right beside left
5&6 Step right to right, step left beside right, (release right hand, lady's left) step right turn right
7&8 Step left forward, (release hands) pivot turn right, make turn right and step left to left

Rejoin hands in open double hand hold

SAILORS, SWAYS, HOLD, STEP, SIDE

9&10 Step right behind left, step left to left, step right to right
11&12 Step left behind right, step right to right, step left to left and sway hips left
13-14 Sway hips right, sway hips left
15&16 Hold, step right beside left, step left to left

CROSS ROCK, CHASSE, CROSS ROCK, CHASSE

17-18 Rock right across left, recover onto left (release left hand lady's right, on count 17)
19&20 **MAN:** Step right to right, step left beside right, step right to right
 LADY: Traveling full turn left stepping left, right, left

Raise right arm, lady's left, over lady's head during counts 19&20

Release right hand, lady's left, on count 21 and then join left hand, lady's right

21-22 Rock left across right, recover onto right
23&24 **MAN:** Step left to left, step right beside left, step left to left
 LADY: Traveling full turn right stepping right, left, right

Raise left arm, lady's right, over lady's head during counts 23&24 then rejoin hands in open double hand hold
When dancing to 'lady in red', during third wall restart dance after count 24

CROSS, SIDE, BEHIND, SIDE, CROSS, TAP, STEP, CHASSE

25-26 Step right across left, step left to left
27-28 Step right behind left (angle body toward right diagonal), step left to left (release left hand, lady's right)
29&30 Step right across left, tap left toe behind right heel, step left back
31&32 **MAN:** Step right to right, step left beside right, step right to right
 LADY: Traveling full turn left stepping left, right, left

Raise right arm, lady's left, over lady's head during counts 31&32

CROSS, SIDE, BEHIND. SIDE, CROSS, TAP, STEP, CHASSE

33-34 Step left across right, step right to right
35-36 Step left behind right (angle body toward left diagonal), step right to right
Release right hand, lady's left
37&38 Step left across right, tap right toe behind left heel, step right back
39&40 **MAN:** Step left to left, step right beside left, step left to left
 LADY: Traveling full turn right stepping right, left, right

Raise left arm, lady's right, over lady's head during counts 39&40 then release hands

DIAMOND SHAPE FULL ROTATION

41&42 **MAN:** Step right diagonally forward left, make turn left and step left beside right, step right beside left
LADY: Step left diagonally forward left, make turn left and step right beside left, step left beside right

43&44 **MAN:** Step left diagonally back right, make turn left and step right beside left, step left beside right
LADY: Step right diagonally back right, make turn left and step left beside right, step right beside left

45-48 Repeat counts 41-44

Rejoin both hands in open double hand hold

REPEAT
